

**USAGE:** Take 4 capsules per day or as directed by your qualified healthcare professional.

**NOTE:** DO NOT use if allergic to shellfish. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Glucosamine and chondroitin sulfate are fundamental components of joint tissue involved in the production of hyaluronic acid, which is an important component of the synovial fluid that lubricates the joints and a major component of the connective tissue in the skin.\*

Vitamin C and manganese are required for the synthesis of collagen and cartilage.\*

**Jarrow Formulas**® glucosamine sulfate is SODIUM FREE and stabilized with potassium chloride (KCl).

For best results, use with **Jarrow Formulas**® **JarroSil**®, the biologically **Activated Silicon**®.

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow**  
FORMULAS®

with Manganese and Vitamin C

# + Glucosamine Chondroitin

**Supports Joint Health\***

**240**  
CAPSULES **DIETARY**  
**SUPPLEMENT**



## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	60 mg	70%
Manganese (as Manganese Gluconate)	1 mg	40%
Glucosamine Sulfate (from 2,000 mg Glucosamine Sulfate • 2 KCl)	1,500 mg	†
Chondroitin Sulfate (from 1,440 mg Chondroitin Sulfate Sodium)	1,200 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of bovine gelatin.

**Contains:** Shellfish (shrimp or crab shell).

No wheat, gluten, soybeans, dairy, egg, fish, or peanuts/tree nuts.

**Store in a cool, dry place.**

Distributed Exclusively by:  
**Jarrow FORMULAS**®  
Superior Nutrition and Formulation<sup>SM</sup>  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

11218GSC240 PROD # 119021



© 2018 **Jarrow** FORMULAS®