

Molecularly Distilled | Guaranteed Purity

NORDIC



NATURALS®

Our classic Arctic Cod Liver Oil™ has always been derived from 100% wild Arctic cod—no other fish oils or synthetic additives are ever used. Unlike fermented oils, our cod liver oils are manufactured to eliminate free fatty acids and prevent rancidity. They support the heart, brain, and nervous system, and promote optimal immune system function.\*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** One-half teaspoon (children under 4 years) to one teaspoon (ages 4 and older) daily, with food, or as directed by your health care professional or pharmacist. Consult your pediatrician for use in children younger than 12 months.

Do not take if tamper-evident seal is broken or missing

Gently shake before serving

Refrigerate after opening

Best if used within 3 months after opening

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

**Warning:** Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.  
Distributed from the U.S. by:  
NORDIC NATURALS, INC.  
Watsonville, CA 95076  
800.662.2544  
nordicnaturals.com  
nordicnaturals.com/nongmo

- ✓ Healthy Heart\*
- ✓ Brain Health\*
- ✓ Healthy Immunity\*

Great  
strawberry  
taste!



# ARCTIC™ COD LIVER OIL

1060 mg Omega-3

Omega-3 from wild Arctic cod  
for heart and brain health, and optimal wellness\*

Superior Triglyceride Form



Dietary Supplement | 16 fl oz/473 mL

## Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Servings per bottle: 96

Amount Per Serving	% DV <sup>1</sup>	% DV <sup>2*</sup>
Calories	45	
Calories from fat	45	
Total Fat	5.0 g †	8%
Saturated Fat	1.0 g †	5%
Trans Fat	0 g †	†
Cholesterol	20 mg †	7%
Vitamin A	230–920 I.U.	9–37% 5–18%
Vitamin D	0–20 I.U.	0–5% 0–5%
Total Omega-3s	1060 mg †	†
EPA (Eicosapentaenoic Acid)	340 mg †	†
DHA (Docosahexaenoic Acid)	510 mg †	†
Other Omega-3s	210 mg †	†

Please ♻️ this container

Rev.H-01

- \* Percent Daily Values are based on a 2,000 calorie diet.
- † Daily Value not established.
- 1 Daily Value (DV) for children under 4 years of age.
- 2 Daily Value (DV) for adults and children over 4 years of age.

**Ingredients:** purified arctic cod liver oil, natural strawberry flavor, d-alpha tocopherol, rosemary extract (a natural preservative).  
No gluten, milk derivatives, or artificial colors or flavors.

