

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water Do not exceed suggested use. If you are pregnant, nursing, or taking medication, consult your doctor before use.

Supplement Facts

Amount Per Serving	% Dail	Value
Calories	35	
Total Carbohydrate	8 g	3%†
Sugars	6 g	*
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg	25%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂)	0.43 mg	25%
Niacin (Vit. B ₃)	4 mg	20%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid (Vit. B ₉)	100 mcg	25%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate) (Vit. B _e)	2.5 ma	25%

Amount Per Serving		% Daily Value	
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate) ‡	50 mg	5%	
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)‡	38 mg	4%	
Magnesium (as magnesium hydroxide, magnesium carbonate) ‡	60 mg	15%	
Zinc (as zinc ascorbate)	2 mg	13%	
Manganese (as manganese gluconate)	0.5 mg	25%	
Chromium (as chromium picolinate)	10 mcg	8%	
Sodium (as sodium bicarbonate, monobasic sodium phosphate) ‡	65 mg	39	
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)‡	200 mg	6%	
† Percent Daily Values are based on a 2,000 calorie diet.			

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Malic Acid. Contains <2% of: Acacia, Beta-Carotene (color), Dried Orange Juice Concentrate (color and flavor), Glycine, L-Aspartic Acid, Natural Flavors, Orange Dil, Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness). Caffeine Free • Gluten Free • Vegetarian • Natural Sweeteners & Flavors • Naturally-Sourced Colors

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Keep out of reach of children

Immune Support

Energy

* Daily Value not established. #Flectrolytes

Electrolytes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Naturally, It's Good for You!

deliciousness, it's no wonder we call it "Super." is your thing, you found the right box.

🛱 charity: water



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Emergen-C

1,000_{mg} Vitamin C **DIETARY SUPPLEMENT**

Essential

Nutrients

Vitamin C

Electrolytes

Super Orange

Flavored Fizzy Drink Mix with Natural Flavors

30-0.32 OZ (9.1 g) PACKETS/NET WT. 9.6 OZ (273 g)