



B Compleet 50™ Vitamin B Complex

DIETARY SUPPLEMENT

Promotes Energy Production*
250 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

2022-4c

8.9375" x 3.5"

400cc

B Compleet 50™ provides the principal B-vitamins in a balanced high-potency formulation.

Supplement Facts

Serving Size 1 Tablet

| | Amount Per Tablet | % DV |
|--|-------------------|-------|
| Thiamin (Vitamin B-1)(from thiamin HCl) | 50 mg | 3333% |
| Riboflavin (Vitamin B-2) | 50 mg | 2941% |
| Niacin (as niacinamide) | 100 mg | 500% |
| Vitamin B-6 (as pyridoxine HCl) | 50 mg | 2500% |
| Folate (folic acid) | 400 mcg | 100% |
| Vitamin B-12 (as cyanocobalamin) | 50 mcg | 833% |
| Biotin | 50 mcg | 17% |
| Pantothenic Acid (from d-calcium pantothenate) | 200 mg | 2000% |
| Choline (from choline bitartrate) | 50 mg | ** |
| Inositol | 50 mg | ** |
| PABA (para-aminobenzoic acid) | 50 mg | ** |
| ** Daily Value (DV) not established | | |

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid (veg.), magnesium stearate (veg.), silicon dioxide, ethylcellulose.

Directions: Adults take one tablet daily, at **mealttime**. Keep bottle tightly closed. Store away from heat and moisture. Best when used within 12 months of first opening bottle.

Warning: Do not take if you are pregnant or lactating.

✓ **Sugar-free** ✓ **Gluten-free**
✓ **Preservative-free**

This formula is prepared to disintegrate over a period of up to 1 hour.

POTENCY & QUALITY GUARANTEED

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An FDA Regulated Facility



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