

ACTUAL SIZE



CODE 0099

V1

Manufactured by NOW FOODS
BLOOMINGDALE, IL 60108
Made in the U.S.A.
www.nowfoods.com

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule daily, preferably on an empty stomach at bedtime. Consider taking this product in combination with NOW® Valerian Root, Relora® and Pantothenic Acid.

Warning: If you are currently taking antidepressant medications please consult a physician prior to use. May cause drowsiness.



5-HTP

NEUROTRANSMITTER SUPPORT

50 mg

- Natural Source
- Supports Positive Mood*

90 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

5-HTP (5-hydroxytryptophan)
(*Griffonia simplicifolia*) (Seed) 50 mg*

* Daily Value not established.

Other ingredients: Rice Flour and Gelatin (capsule).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.