



### WHY FITBIOTIC™?

Dr. Perlmutter created this unique formula in light of emerging science that suggests that **supplementing** with **PROBIOTICS** may support **weight management goals** when combined with **diet** and **exercise**.†

### DIGESTIVE & IMMUNE SYSTEM SUPPORT†

50 Billion CFU, 14 Probiotics, Shelf Stable Packets<sup>1</sup>

### ORGANIC PREBIOTIC FIBER

Fiber adds to a feeling of fullness and helps maintain healthy blood sugar.† Prebiotic fibers also promote the growth of beneficial bacteria in the intestine supporting your digestive system.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Garden of Life LLC  
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We Buy 100% Certified Renewable Energy



DAVID PERLMUTTER, M.D.

Formulated by America's Brain-Health Expert, a Board-Certified Neurologist, #1 *New York Times* best-selling author, Fellow of the American College of Nutrition, and expert in the human MICROBIOME.



CERTIFIED ORGANIC



GLUTEN FREE



DAIRY FREE



SOY FREE



VEGETARIAN



SHELF STABLE<sup>1</sup> PACKETS



Dr. Formulated PROBIOTICS



WEIGHT MANAGEMENT<sup>†</sup>  
**50 BILLION**  
GUARANTEED

14 PROBIOTIC STRAINS  
4g PREBIOTIC FIBER

Supports Weight Management<sup>†</sup>  
Promotes Healthy Digestion & Elimination<sup>†</sup>

GLUTEN FREE • DAIRY FREE • SOY FREE • SUGAR FREE

MIXES EASILY • UNFLAVORED

20 PACKETS  
0.15 oz (4.2 g) EACH



PROBIOTIC SUPPLEMENT

**Suggested Use:** Take one packet daily with unheated food or beverage. Not intended for children.

### Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 1 Packet (4.2 g) Servings Per Container 20		
Calories	10	
Calories from Fat	0 g	
Total Carbohydrate	4 g	1%*
Dietary Fiber	4 g	16%*
Soluble Fiber	4 g	
Insoluble Fiber	0 g	
Sugars	0 g	
Organic Acacia Fiber ( <i>A. senegal</i> )	4 g	+
<b>RAW Fitbiotic® Blend</b>	190 mg	+
<i>Lactobacillus gasseri</i>		
<i>Lactobacillus acidophilus</i>		
<i>Lactobacillus rhamnosus</i>		
<i>Lactobacillus brevis</i>		
<i>Lactobacillus casei</i>		
<i>Lactobacillus paracasei</i>		
<i>Lactobacillus plantarum</i>		
<i>Lactobacillus salivarius</i>		
<i>Lactobacillus bulgaricus</i>		
Total Lacto Cultures (40 Billion CFU)		
<i>Bifidobacterium lactis</i>		
<i>Bifidobacterium bifidum</i>		
<i>Bifidobacterium breve</i>		
<i>Bifidobacterium infantis</i>		
<i>Bifidobacterium longum</i>		
Total Bifido Cultures (10 Billion CFU)		
<b>Total Probiotic Cultures</b>	<b>50 Billion CFU<sup>1</sup></b>	

\*Percent Daily Values are based on a 2,000 calorie diet.  
+ Daily Value not established.

<sup>1</sup>At Expiration Date under recommended storage conditions. Store in a dry place at 71°F (22°C) or below.  
**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Keep out of reach of children.**  
Do not use if packet is torn or punctured. Contains no carriers, fillers, artificial colors, flavors, sweeteners or preservatives.