

**USAGE:** Take 1 softgel up to 3 times per day with food or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

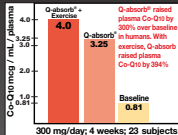
**Q-absorb®** is a proliposome lipid-soluble delivery system clinically shown in humans to increase Co-Q10 levels by nearly 400% over baseline with exercise and 3-4 times better absorbed than chewable Co-Q10 tablets.\* Co-Q10 supports heart function as a component of the electron transport system needed for ATP (i.e., energy) production within the cells, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.\*

**Jarrow Formulas® Q-absorb®** restores Co-Q10 levels reduced by the use of statins.\*

**Jarrow Formulas® Co-Q10** is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. **Jarrow Formulas®** supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Jarrow**  
FORMULAS®

# Q-absorb®

100% Natural Trans Form  
Enhanced Absorption  
ProSome™ Formula

Co-Q<sub>10</sub>

30 SOFTGELS

Supports Heart Function\*

100  
MILLIGRAMS

30  
SOFTGELS

DIETARY  
SUPPLEMENT



## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 30

	Amount Per Serving	% DV
Coenzyme Q10 (Ubiquinone)	100 mg	*

\* Daily Value not established.

Other Ingredients: Soy lecithin, medium chain glycerides (MCGs) and gamma tocopherol. Softgel consists of gelatin, glycerin and purified water; caramel and carob extract added as a light barrier.

**Contains:** Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.

Particle formation inside softgel is normal and dissolves after ingestion.

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

03115QQ130 PROD # 106015



Lot #. Best Used Before:

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