## Health through the power of nature, that's what it means to Trust the Leaf.®

Methylsulfonylmethane (MSM) is a sulfur compound that helps support healthy joint function.\* OptiMSM® is the pure and patented form of MSM and is distilled for purity. Our MSM is carefully tested and produced to superior quality standards.

**Keep out of reach of children.** Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

## **VEGETARIAN**







## MSM 1000mg



**Recommendation:** Take 1 tablet up to four times daily with meals or water. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts Serving Size 1 Tablet Amount Per Serving % DV MSM (Methylsulfonylmethane 1 q \*\*

\*\*Daily Value (DV) not established.

as OptiMSM®)

Other ingredients: cellulose, hypromellose, glycerin, magnesium stearate, acacia gum

OptiMSM® is a registered trademark of Bergstrom Nutrition.

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