

**USAGE:** Take 1 capsule per day with food or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition (especially gall bladder or bile duct blockages), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Artichoke Extract** is standardized to contain 5% total caffeoylquinic acids. Clinical research has documented the following beneficial properties of artichoke extract:

- **Liver Function** – Protects glutathione levels.\* Stimulates liver activity by promoting circulation within the liver.\*
- **Cardiovascular Function** – Inhibits oxidation of LDL cholesterol and helps maintain healthful levels of HDL (protective) cholesterol already within normal range.\*
- **Digestion** – Stimulates synthesis of bile, a product of the liver that supports detoxification and the absorption of fat-soluble nutrients.\*

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow**  
FORMULAS

Standardized Extract

# Artichoke

Supports Liver\* and  
Cholesterol Metabolism\*



**500** MILLIGRAMS  
**180** VEGGIE CAPS  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 180

	Amount Per Serving	% DV
Artichoke Extract ( <i>Cynara scolymus</i> L.) (Leaf) (5% [25 mg] Total Caffeoylquinic Acids)	500 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, maltodextrin, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

Store in a cool, dry place.

Distributed Exclusively by:  
**Jarrow FORMULAS**<sup>®</sup>  
Superior Nutrition and Formulation<sup>SM</sup>  
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