

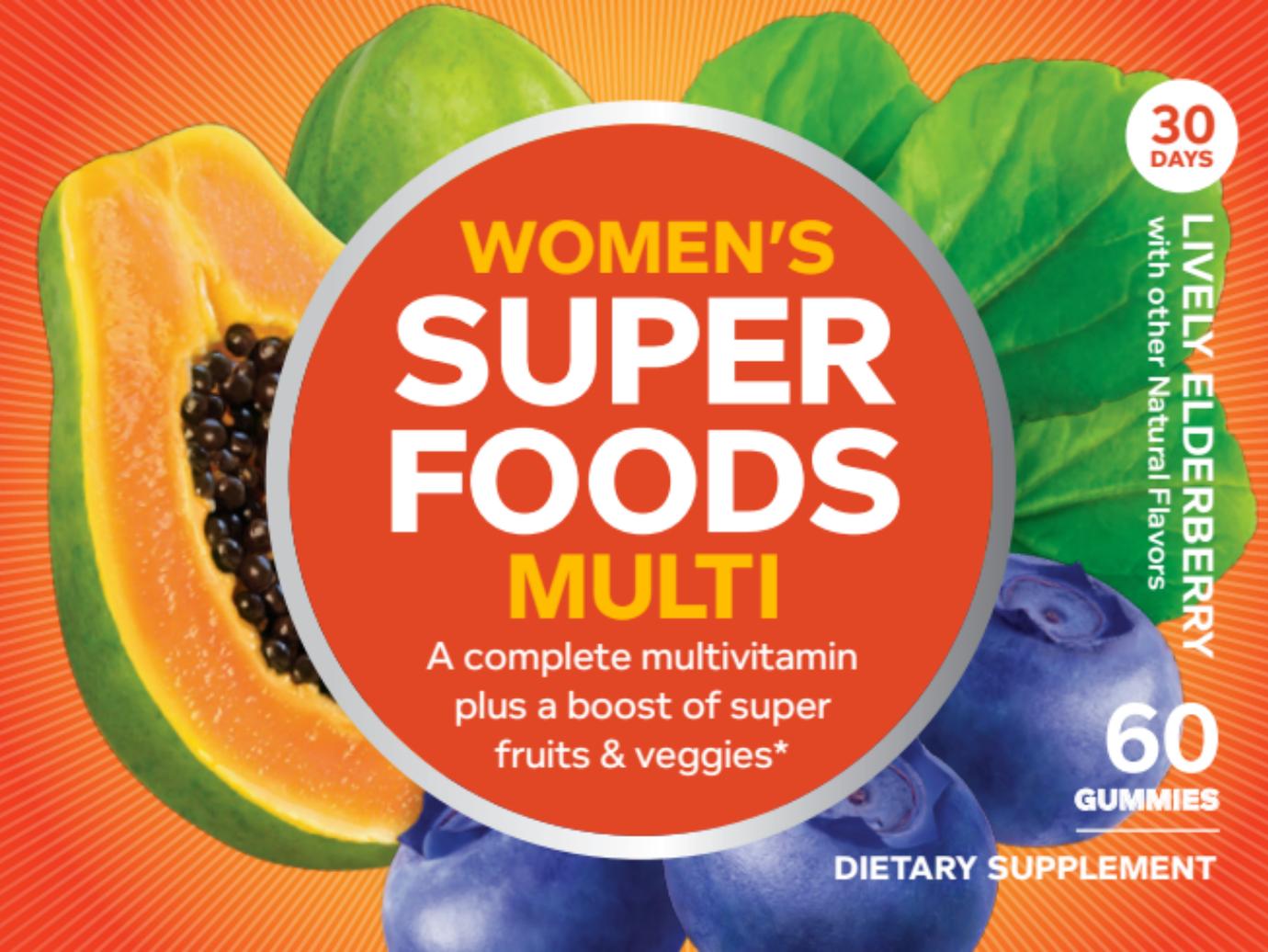
+ One serving of Women's Super Foods Multi gummies contains the antioxidant equivalent of one average serving of fruits and vegetables.

# 10 SUPER FOODS

Say hello to the mother lode from mother earth. These 10 heroic super foods are rich in rare phytonutrients with powerful antioxidant activity to supercharge your health and then some.\*



- Pomegranate
- Acai
- Watercress
- Blueberry
- Grape
- Beet
- Elderberry
- Tamarind
- Wheatgrass
- Papaya



# WOMEN'S SUPER FOODS MULTI

A complete multivitamin plus a boost of super fruits & veggies\*

30 DAYS

LIVELY ELDERBERRY with other Natural Flavors

60 GUMMIES

DIETARY SUPPLEMENT

## THE SUPED-UP MULTI

Filling half your plate with fruits and veggies can be a daunting task, even for the greenest of goddesses. Not to worry, here's a complete multi packed with the vitamins and minerals you need daily, plus a powerful boost of phytonutrients from 10 of nature's superest foods.\* Go, super you.

### EXPERTLY BLENDED

**D3** 200% DV VITAMIN D3 | **E** 100% DV VITAMIN E | **B6** 150% DV VITAMIN B6

**B12** 150% DV VITAMIN B12 | **FA** 100% DV FOLIC ACID | **B7** 125% DV BIOTIN

VEGETARIAN • GLUTEN FREE

Find your **OLLY**™ at [OLLY.com](http://OLLY.com)

**Suggested Use:** Take two gummies per day. No food or water needed. Chew thoroughly before swallowing.

## Supplement Facts

Serving Size 2 Gummies / Servings Per Container 30

Amount Per Serving	% Daily Value†	Amount Per Serving	% Daily Value†
Calories	15	Iodine (as potassium iodide)	75mcg 50%
Total Carbohydrate	4g 1%	Zinc (as zinc sulfate)	2.5 mg 15%
Sugars	3g **	Chromium (as chromium chloride)	60 mcg 50%
Vitamin A (as retinyl palmitate)	2500 IU 50%	Sodium	10 mg <1%
Vitamin C (as ascorbic acid)	45 mg 75%	Choline (as choline bitartrate)	50 mcg **
Vitamin D3 (as cholecalciferol)	800 IU 200%	Inositol	40 mcg **
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU 100%	Boron (as boron citrate)	150 mcg **
Vitamin K2 (as MK7)	25 mcg 30%	<b>OLLY Phytonutrient-Rich Super Foods Blend</b>	250 mg **
Vitamin B1 (as thiamine hydrochloride)	375 mcg 25%	Grape Extract (seed, skin and pulp); Juice Powders: Elderberry ( <i>Sambucus nigra</i> , fruit), Acai ( <i>Euterpe oleracea</i> , fruit), Pomegranate (fruit), Blueberry (fruit), Papaya (fruit), Beet (root), Organic Wheatgrass (sprout), Tamarind (fruit); Watercress (aerial parts)	
Vitamin B2 (as riboflavin)	425 mcg 25%		
Niacin (as niacinamide)	10 mg 50%		
Vitamin B6 (as pyridoxine hydrochloride)	3 mg 150%		
Folic Acid	400 mcg 100%		
Vitamin B12 (as cyanocobalamin)	9 mcg 150%		
Biotin (as d-biotin)	375 mcg 125%		
Pantothenic Acid (as calcium-D-pantothenate)	5 mg 50%		

†Percent Daily Value based on 2,000 calorie diet  
\*\*Daily Value (DV) not established

**Other Ingredients:** Glucose Syrup (from corn), Sugar (from beets), Water, Pectin (from fruit), Natural Flavors, Citric Acid, Blackberry Juice Concentrate, Color (from carrot, blueberry).

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

**KEEP OUT OF THE REACH OF CHILDREN**  
Store in a cool, dry place.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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