

Supports Bone Health & Immune System Function*
120 Soft Gels

Flavor

Supplement Facts

Serving Size 1 Soft Gel

Amount	Per Soft Gel	% DV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%**
Vitamin A (as retinyl palmitate) (from cod liver oil)	90 IU	2%
Vitamin D (as cholecalciferol)(from cod I	iver oil 2,000 IU	500%

 Vitamin E (as natural d-alpha tocopherol) ☆
 1 IU
 3%

 Norwegian Cod Liver Oil
 500 mg
 †

 Total Omega-3s⁴
 115 mg
 †

 DHA (Docosahexaenoic Acid)⁴
 50 mg
 †

 EPA (Eicosapentaenoic Acid)⁴
 42 mg
 †

***Percent Daily Value are based on a 2,000 calorie diet. † Daily Value (DV) not established. * Reported as triglycerides. Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod). ** Antioxidant to protect freshness.

Directions: Adults take one soft gel daily, at mealtime.

Solar D Gems® provides the natural form of vitamin D3 for people who do not get enough from the sun plus omega-3s from fish oil.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

✓ Gluten-free ✓ Preservative-free

POTENCY & QUALITY GUARANTEED

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An FDA Regulated Facility



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