

OMEGAS FOR HOLISTIC HEALTH

Whole Food

Wholemega™ for Moms Whole Fish Oil offers a whole-food alternative to fractionated, highly processed and high-heat purified fish oils.

Extra-Virgin Process

Pressed in a proprietary process similar to fine olive oil, Wholemega for Moms preserves **natural antioxidants and Vitamin D3** that can be removed in other fish oils during processing.

Omegas for Pregnancy & Beyond

Wild Salmon oil delivers whole DHA and other critical Omegas that are important during pregnancy and breastfeeding.*

Fresh & Wildly Pure™

Naturally pure Wholemega for Moms utilizes 100% Wild Alaskan Salmon—from fisheries cited as worldwide models of sustainability.

3 Servings of Salmon

Experts recommend getting healthy Omegas from fish 2–3 times a week. One week† of Wholemega provides the same amount of whole Omega fatty acids as three servings of Wild Alaskan Salmon.



1 Week of Wholemega[†] Delivers the Omegas of 3 Servings of Wild Alaskan Salmon

† 2 gram daily serving of Wholemega fish oil

NEWCHAPTER®



Whole Fish Oil for MOTHER & BABY



WHOLEmega™

for Moms

Extra-Virgin Wild Alaskan Salmon Oil

Omega-3 fatty acids help support baby's brain and visual development during pregnancy and breastfeeding*

Naturally sourced whole Omegas such as EPA & DHA, Vitamin D3 & antioxidants

Easy to swallow softgels



90 Softgels • 500 mg
DIETARY SUPPLEMENT

Supplement Facts

Serving size 4 Softgels
Servings per container 22.5

Amount per serving		Calories from Fat 20
		%DV for pregnant and lactating women
Total Fat	2000 mg	•
Saturated Fat	500 mg	•
Monounsaturated Fat	1000 mg	•
Polyunsaturated Fat	500 mg	•
Cholesterol	15 mg	•
Vitamin D3 (from Wild Alaskan Salmon Oil)	100 IU	25%
Wild Alaskan Salmon Oil	2000 mg	•
Total Omega-3 Fatty Acids	520 mg	•
EPA (Eicosapentaenoic Acid)	180 mg	•
DHA (Docosahexaenoic Acid)	220 mg	•
Other Omega-3 Fatty Acids (Octadecatetraenoic Acid, Docosapentaenoic Acid, Linolenic Acid, Heneicosapentaenoic Acid, Eicosatrienoic Acid)	120 mg	•
Total Omega-6 Fatty Acids (Linoleic Acid, Arachidonic Acid, Eicosadienoic Acid)	60 mg	•
Total Omega-5 & 7 Fatty Acids (Myristoleic Acid, Palmitoleic Acid, Vaccenic Acid)	95 mg	•
Total Omega-9 Fatty Acids (Oleic Acid, Gadoleic Acid, Erucic Acid, Nervonic Acid)	300 mg	•
Astaxanthin (from Wild Alaskan Salmon Oil)	5 mcg	•
Botanical Antioxidant Stability System™ (B.A.S.S.™)	12 mg	•
Proprietary Blend		
Organic Oregano (<i>Origanum vulgare</i>) (leaf) supercritical extract		
and Rosemary (<i>Rosmarinus officinalis</i>) (leaf) supercritical extract		
• Daily Value (DV) not established		

Other ingredients: Capsule (gelatin [Halal], glycerin and water), organic sunflower oil and tocopherols to preserve freshness.

Contains: 100% Wild Alaskan Salmon Fish Oil.

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For questions or comments call 888-874-4461
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Suggested use: Four softgels daily with food.

Gluten free; our premium softgel capsules are BSE free.



Prenatal Support



Postnatal Support

Wildly Pure™ Whole Fish Oil for Moms & Moms-to-Be

Wholemega™ for Moms is extra-virgin Wild Alaskan Salmon oil gently extracted to preserve its beneficial compounds and naturally vibrant color.

Wholemega for Moms helps deliver the Omega-3's recommended specifically for pregnant and nursing moms.* For women who are expecting or breastfeeding, good fats from Wild Alaskan Salmon help support your baby's visual and cognitive development.*



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HEART HEALTHY



Contents Tested & Certified

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. DO NOT REFRIGERATE.