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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

Magnesium

250 MG

Essential for calcium absorption
and strong bones & teeth*

Necessary for cell function*

DIETARY SUPPLEMENT
90 VEGETARIAN TABLETS

CODE 254213

ARG

Directions: As a dietary supplement, take one tablet daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	250 mg	63%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

All mineral amounts shown are elemental.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: