

# SMART WEARABLE ELECTRICAL MUSCLE STIMULATOR

PowerDot uses scientifically proven technology and proprietary methods of electrical muscle stimulation to help amateur and professional athletes & fitness enthusiasts to:

- 1 WORK OUT FROM YOUR PHONE
- 2 BOOST MUSCLE STRENGTH AND POWER
- 3 IMPROVE MUSCLE ENDURANCE
- 4 IMPROVE MUSCLE TONE & DEFINITION
- 5 FACILITATE POST TRAINING RECOVERY
- 6 FIGHT MUSCLE SORENESS
- 7 PREPARE MUSCLES TO MAXIMUM EFFORT
- 8 RELAX MUSCLES WITH MASSAGE

