

WARNING!



PowerDot™ has a number of safety precautions, contraindications and may cause adverse reactions. Please consult User Manual before usage.

This product **CAN'T** be used if you have any of the following:



Cardio pacemaker or any heart problem or condition



Epilepsy



Cancer or cancerous lesions

RR 00392

POWERDOT RED DUO PACKAGE CONTENTS:

- 2 x PowerDot® PD-I01 Devices
- Carry Case
- 10 cm and 25 cm Lead Wires
- USB Charging Cable
- 4 Sets of PowerDot Electrodes* (8 x Round, 4 x Rectangular)
- User Manual



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GETPOWERDOT.COM

REDEFINE YOUR TRAINING EXPERIENCE



POWERDOT

SYSTEM REQUIREMENTS

PowerDot™ can be only used with select Bluetooth™ Smart Ready Android and iOS smartphones or tablets.

Full list of supported devices at getpowerdot.com/devices

Download the free companion PowerDot app



SMART WEARABLE ELECTRICAL MUSCLE STIMULATOR

PowerDot uses scientifically proven technology and proprietary methods of electrical muscle stimulation to help amateur and professional athletes & fitness enthusiasts to:

- | | |
|---|--|
| 1 WORK OUT FROM YOUR PHONE | 5 FACILITATE POST TRAINING RECOVERY |
| 2 BOOST MUSCLE STRENGTH AND POWER | 6 FIGHT MUSCLE SORENESS |
| 3 IMPROVE MUSCLE ENDURANCE | 7 PREPARE MUSCLES TO MAXIMUM EFFORT |
| 4 IMPROVE MUSCLE TONE & DEFINITION | 8 RELAX MUSCLES WITH MASSAGE |



* POWERDOT PADS

PowerDot™ electrodes are consumables and, once worn out (after approximately 20-25 stimulation sessions), replacement pads must be acquired separately.