

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Consume Pump Fuel® 30 – 45 minutes prior to workout. Mix 1 heaping scoop of Pump Fuel® with 8 oz. of cold water (adjust to desired taste). **FOR BEST RESULTS** take Pump Fuel® on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Avoid additional caffeine, which may intensify adverse effects. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains a chemical known in the state of California to cause birth defect or reproductive harm. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

FitLife Brands, Inc. | 4509 South 143rd Street, Suite 1 | Omaha, NE 68137
For Professional Muscular Development and Product Questions: PMDsports.com



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PLEASE RECYCLE

PMD

XTREME PERFORMANCE



PUMP FUEL

INSANE ENERGY ⚡ INTENSE PUMPS*

ALL-IN-ONE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 1.91 LBS. (870 G)



v.4

RASPBERRY LEMONADE

Natural and Artificial Flavor

	NO GLUTEN	NO LACTOSE	NO PRESERVATIVES	NO ASPARTAME	NO YEAST
Supplement Facts					
Serving Size	1 Heaping Scoop (29 g)				
Servings Per Container	30				
	Amount Per Serving	%DV**			
Calories	60				
Calories from fat	0				
Total Fat	0 g	0%			
Saturated Fat	0 g	0%			
Trans Fat	0 g	0%			
Cholesterol	0 mg	0%			
Total Carbohydrate	16 g	5%			
Dietary Fiber	0 g	0%			
Sugars	1 g	†			
Protein	0 g	0%			
Vitamin C (as ascorbic acid)	125 mg	208%			
Calcium (as calcium phosphate)	80 mg	8%			
Phosphorus (as calcium phosphate)	62 mg	6%			
Magnesium (as magnesium creatine chelate and oxide)	140 mg	35%			
Chromium (as chromium picolinate)	50 mcg	42%			
Sodium (as sodium chloride)	55 mg	2%			
Potassium (as potassium citrate)	94 mg	3%			
PUMP FUEL® Blend 24,915 mg (24.9 g) †					
RAPID ATP™ v.4 Blend 3,000 mg (3.0 g) †					
Creatine (Kre-Alkalyln®), 1,500 mg					
Magnesium Creatine Chelate (Creatine MagnaPower®), 1,500 mg					
NITRO PUMP™ Blend 2,500 mg (2.5 g) †					
Pump Complex [L-Citrulline, Agmatine Sulfate] 2,000 mg					
Arginine Silicate Inositol (Nitrosigine®) 500 mg					
BETA BURN™ Agent 2,500 mg (2.5 g) †					
Beta-Alanine (CarnoSyn®)					
AMINO ENERGY FOCUS™ Blend 979 mg †					
Amino Complex:					
Taurine, L-Glutamine AKG, N-Acetyl-L-Glutamine, L-Glutamine, L-Isoleucine, L-Leucine, L-Valine					
Energy and Focus Complex:					
Caffeine Anhydrous (200 mg), L-Carnitine L-Tartrate, Guanidinopropionic Acid, Phosphatidyl Serine, L-Tyrosine					
GLYCO LOAD™ Blend 15,936 mg (15.9 g) †					
Dextrin Complex [Maltodextrin, Dextrin], Waxy Maize, Glycerol Powder, Glycine Propionyl-L-Carnitine HCl (GlycoCarn®), Acetyl L-Carnitine Arginate DihCl (ArginoCarn®)					
** Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.					

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Malic Acid, Silica, Sucralose, Acesulfame Potassium, FD&C Red 40. **Contains Soy.** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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XP OFFERS SUPPORT FOR

STRONG NITRIC OXIDE BOOST*

MAXIMUM POWER OUTPUT*

INSANE ENERGY AND FOCUS*

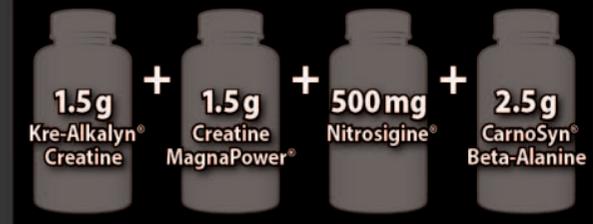
ENHANCED ENDURANCE*

QUICKER MUSCLE RECOVERY*

XTREME PERFORMANCE



ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



PUMP FUEL® IS MORE ADVANCED AND MORE EXPLOSIVE! ITS FULLY EQUIPPED PRE-WORKOUT FORMULA IS FUELED WITH THE INGREDIENTS NECESSARY FOR MAXIMUM EFFICACY.*

CAUTION: PUMP FUEL® IS FOR HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® is an explosive and fully equipped pre-workout solution formulated with the highest quality ingredients necessary for maximum product efficacy... and **THE FACTS DON'T LIE!** PUMP FUEL's quality is ensured through its original Truth-in-Labeling format, where we list exact milligram amounts of chief ingredients, so you know exactly what you're getting in every serving.*

This elite pre-workout, with **CLINICALLY STUDIED INGREDIENTS**, is built for **UNPARALLELED RESULTS!** PUMP FUEL® offers a revved up pre-workout experience that simply cannot be matched. PUMP FUEL® is the pre-workout that will give you that edge to take your performance and workouts to the next level.* **FUEL UP!**