

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Consume 30 – 45 minutes prior to workout. To assess tolerance, mix a half-scoop of Pump Fuel® INSANITY with 8 oz. of cold water (adjust to desired taste) for the first 2 – 3 uses. If necessary increase dose to 1 heaping scoop. **FOR BEST RESULTS** take Pump Fuel® INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. **WARNING for California residents only:** This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. Do not use if tamper resistant seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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For Professional Muscular Development and Product Questions: PMDSports.com



ALL-IN-ONE PRE-WORKOUT
DIETARY SUPPLEMENT | NET WT. 1.91 LBS. (870 G)



PUMP FUEL[®]

INSANITY

INSANE ENERGY ⚡ INTENSE PUMPS*

v.4

OUTRAGEOUS ORANGE
Natural and Artificial Flavor

	NO GLUTEN	NO LACTOSE	NO PRESERVATIVES	NO ASPARTAME	NO YEAST
Supplement Facts					
Serving Size 1 Heaping Scoop (29 g)					
Servings Per Container 30					
	Amount Per Serving	%DV**			
Calories	60				
Calories from fat	0				
Total Fat	0 g	0%			
Saturated Fat	0 g	0%			
Trans Fat	0 g	0%			
Cholesterol	0 mg	0%			
Total Carbohydrate	16 g	5%			
Dietary Fiber	0 g	0%			
Sugars	1 g	†			
Protein	0 g	0%			
Vitamin C (as ascorbic acid)	125 mg	208%			
Calcium (as calcium phosphate)	80 mg	8%			
Phosphorus (as calcium phosphate)	62 mg	6%			
Magnesium	140 mg	35%			
(as magnesium creatine chelate and oxide)					
Chromium (as chromium picolinate)	50 mcg	42%			
Sodium (as sodium chloride)	65 mg	3%			
Potassium (as potassium citrate)	94 mg	3%			
PUMP FUEL® INSANITY Blend	24,677 mg (24.6 g)	†			
RAPID ATP™ v.4 Blend	3,000 mg (3.0 g)	†			
Creatine (Kre-Alkalyln®), Magnesium Creatine Chelate (Creatine MagnaPower®)	1,500 mg				
NITRO PUMP™ Blend	2,500 mg (2.5 g)	†			
Pump Complex (L-Citrulline, Agmatine Sulfate) Arginine Silicate Inositol (Nitrosigine®)	2,000 mg				
500 mg					
BETA BURN™ Agent	2,500 mg (2.5 g)	†			
Beta-Alanine (CarnoSyn®)					
AMINO ENERGY FOCUS™ Blend	1,139 mg (1.1 g)	†			
Amino Complex: Taurine, L-Glutamine AKG, N-Acetyl-L-Glutamine, L-Glutamine, L-Isoleucine, L-Leucine, L-Valine					
Energy and Focus Complex: Caffeine Anhydrous (300 mg), Citrus aurantium Extract (Std. to P-Synephrine) (KINETIQ™), L-Carnitine L-Tartrate, Guanidinopropionic Acid, Phosphatidyl Serine, L-Tyrosine					
GLYCO LOAD™ Blend	15,538 mg (15.5 g)	†			
Dextrin Complex (Maltodextrin, Dextrin), Waxy Maize, Glycerol Powder, Glycine Propionyl-L-Carnitine HCl (GlycoCarn®), Acetyl L-Carnitine Arginate DIHCl (ArginoCarn®)					
** Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.					

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, FD&C Yellow 5 Lake, FD&C Yellow 6 Lake. **Contains Soy.** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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XP OFFERS SUPPORT FOR

STRONG NITRIC OXIDE BOOST* XTREME PERFORMANCE

MAXIMUM POWER OUTPUT*

INSANE ENERGY AND FOCUS*

ENHANCED ENDURANCE*

QUICKER MUSCLE RECOVERY*

ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



EXPERIENCE THE ULTIMATE LEVEL OF INSANE HYPERTROPHIC AND ANABOLIC MADNESS! IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!

CAUTION: PUMP FUEL® INSANITY IS FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® INSANITY, with **CLINICALLY STUDIED INGREDIENTS**, is a fierce pre-workout expertly formulated with all the crucial muscle-building and performance-enhancing ingredients needed for xtreme performance and maximum anabolic results. This elite pre-workout is built for **FULL THROTTLE WORKOUT EXPLOSIVENESS!** PUMP FUEL® INSANITY revs up your typical pre-workout by kicking things up a notch with an insanely intense energy factor. PUMP FUEL® INSANITY combines the high energy from a "concentrate" supplement with all the additional benefits of a fully loaded pre-workout, offering you the absolute best of both worlds. PUMP FUEL® INSANITY is an unparalleled and unmatched pre-workout that will give you that edge to take your performance and workouts to the next level.* **FUEL UP!**