

CODE 204611
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food. For maximum benefits, take as directed every day.
Each pack contains:

Women's Ultra Mega® Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D-3 (as Cholecalciferol)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Panthenate)	50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg 50%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Copper Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromium Chloride)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%

Super Antioxidant Blend

alpha-Lipoic Acid	25 mg	*
Lutemax® 2020 Lutein	2 mg	*
Lycopene	1 mg	*
Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(Standardized to Curcuminoids)	500 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg	*
beta-Cryptoxanthin	10 mcg	*

Superfoods Fruit & Vegetable Blend

Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder	15 mg	*
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Beauty Blend

Green Tea Leaf Extract (<i>Camellia sinensis</i>)(Standardized to Polyphenols)	14 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)	1 mg	*

Beauty Blend

Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Borate)	2 mg	*
GABA (gamma-Aminobutyric Acid)	1 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

Heart & Eye Health

Supplement Facts

Serving Size One Amber Softgel

Amount Per Serving	% Daily Value
Calories	15
Calories from Fat	15
Total Fat	1.5 g 2%†
EPA (Eicosapentaenoic Acid)(Omega-3)	540 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	360 mg *

† Percent Daily Value based on a 2,000 calorie diet.
 * Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Vitamin E, Enteric Coating (Ethylcellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

Potency verified by GNC procedure #5123.
 Conforms to USP <2091> for weight.

Brain Health

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value
Ginkgo biloba Leaf Extract (24% Ginkgo Flavonglycosides = 28.8 mg) (6% Terpene Lactones = 7.2 mg)	120 mg*

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose Capsule, Cellulose, Magnesium Stearate Vegetable Source.

Potency verified by GNC procedure #5000.
 Conforms to USP <2091> for weight.
 Meets USP <2040> disintegration.

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Joint Health

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value
Acacia catechu Wood & Bark Extract and Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract	250 mg*

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide.

Conforms to USP <2091> for weight.
 Meets USP <2040> disintegration.

Bone, Beauty & Hormone Formula

Supplement Facts

Serving Size One Reddish-Orange Softgel

Amount Per Serving	% Daily Value
Calories	5
Calories from Fat	5
Total Fat	0.5 g <1%†
gamma-Linolenic Acid (GLA)	250 mg *
Burdock Root Extract (<i>Arctium lappa</i>)	100 mg *
MBP®	40 mg *

† Percent Daily Value based on a 2,000 calorie diet.
 * Daily Value not established.

Other Ingredients: Safflower Oil, Gelatin, Glycerin, Annatto Color, Titanium Dioxide (Natural Mineral Whitener).

CONTAINS: Milk and Soybeans.
 Conforms to USP <2091> for weight.
 Meet USP <2040> disintegration.

For More Information:
 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
 General Nutrition Corporation
 Pittsburgh, PA 15222



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WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. No Artificial Colors, No Artificial Flavors, Yeast Free.
KEEP OUT OF REACH OF CHILDREN.
 Store in a cool, dry place.

This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

Antioxidant & Circulation

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value
alpha-Lipoic Acid	50 mg*
Turmeric Root Extract (<i>Curcuma longa</i>)(Standardized to Curcuminoids)	50 mg*
resVida® trans-Resveratrol	30 mg*
Lutemax® 2020 Lutein	10 mg*
Zeaxanthin	2.2 mg*

* Daily Value not established.

Other Ingredients: Gelatin, Cellulose, Magnesium Stearate Vegetable Source, Silicon Dioxide.

Conforms to USP <2091> for weight.
 Meets USP <2040> disintegration.

Digestive Enzymes

Supplement Facts

Serving Size One White Capsule

Amount Per Serving	% Daily Value
n-zimes® Proprietary Blend	146 mg*
Amylase 3500 DU, Protease 4.5 7500 HUT, Lipase 125 FIU, Glucoamylase 5.5 AGU, Protease 3.0 7.5 SAPU, Bromelain 150,000 FCCPU, Protease 6.0 1000 HUT, Papain 140,000 FCCPU, Cellulase 50 CU, Diastase 62.5 DP	
CereCalase® Proprietary Blend	5 mg*
Hemicellulase, beta-Glucanase, Phytase	

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Gelatin, Magnesium Stearate, Silica.

CONTAINS: Milk, Soybeans and Wheat.
 Conforms to USP <2091> for weight.
 Meets USP <2040> disintegration.

Lutemax 2020 Lutemax® 2020 is a trademark of OmniActive Health Technologies.
MBP MBP® is registered in the U.S.A. by MEGMILK SNOW BRAND Co., Ltd.
resVida resVida® is a trademark of DSM.

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WOMEN'S ULTRA MEGA® Whole Body

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN^

- Our most comprehensive Vitapak® program that provides support for both wellness and performance
- Targets 13 core functions for head-to-toe support*



30 PACKS

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever, contain over 30 clinically studied ingredients – and are smaller and easier to swallow.

BRAIN HEALTH
 Ginkgo biloba for mental sharpness and Omega-3 fatty acids for healthy brain function*

SKIN HEALTH
 Biotin and GLA for beautiful, healthy skin*

HORMONAL BALANCE
 GLA to help regulate body processes and hormonal balance*

DIGESTION
 Digestive enzyme complex to support healthy digestive function*

COLON HEALTH
 Vitamin D to support colon health*

BONE HEALTH
 Clinically proven MBP® plus Vitamin D and calcium for healthy bones*

WOMEN'S HEALTH
 Clinically studied women's multivitamin*

EYE HEALTH
 Omega-3 DHA, lutein and beta-carotene for eye health*

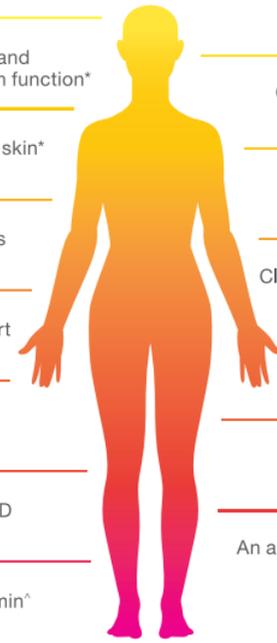
HEART HEALTH
 Omega-3 fatty acids and lycopene to support cardiovascular health*

CIRCULATION SUPPORT
 Clinically proven resVida®, which has been shown to support blood vessel dilation*

CELL PROTECTION
 Antioxidants to protect against harmful free radicals*

IMMUNE SUPPORT
 Vitamin C for immune support*

ENERGY PRODUCTION
 An array of B vitamins for energy production*



^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a basic multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.