Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
MSM	1,000 mg	**
(methylsulfonylmethane)		
Sulfur	330 mg	**
** Daily Value not established.		

Other Ingredients: Hypromellose capsule.

Directions: Take one capsule daily, **at mealtime.** Keep bottle tightly closed. Store away from heat and moisture.

> *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

The body's ability to make a powerful antioxidant enzyme called glutathione peroxidase, is dependent on ample dietary sulfur. Carlson MSM (methylsulfonylmethane) offers a source of sulfur to supplement, maintain and support overall health.*

✔ Gluten-free ✔ Sugar-free✔ Preservative-free

POTENCY & QUALITY GUARANTEED

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DIETARY SUPPLEMENT Supports Joint Health and Flexibility* 180 Vegetarian Capsules

M·S·M

Sulfur

1,000 mg

MALS.C.M.