

**Suggested Use:** For aromatherapy use. For all other uses, carefully dilute with a carrier oil such as jojoba, grapeseed, olive, or almond oil prior to use. Please consult an essential oil book or other professional reference source for suggested dilution ratios.

**Natural essential oils are highly concentrated and should be used with care.**

**Caution:** Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult your healthcare practitioner before using. Do not use on skin. Reacts strongly to sunlight and other sources of ultraviolet light.

**now**<sup>®</sup>  
*essential oils*



100% pure  
**lemon**

*Citrus limon*

Net 1 fl. oz. (30 mL)

**Ingredients:** 100% pure lemon oil.

**Aroma:** Fresh lemon peel.

**Benefits:** Refreshing, cheerful, uplifting.

**Cheer Up Buttercup Blend:**

Add 1 drop each of lime oil and grapefruit oil, 2 drops of lemon oil and 6 drops of tangerine oil. Add to a diffuser and enjoy.

**Extraction Method:** Cold Pressed from fresh fruit peel.

**Purity Tested/Quality Assured**

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