

*Health & healing through the power of nature,
that's what it means to Trust the Leaf.[®]* 

Melatonin is a hormone produced by the pineal gland that helps regulate the sleep cycle and promote restful sleep.*

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial flavors, colors or preservatives.

◆ LN49111.01 BLK8234



***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

PREMIUM  QUALITY

Melatonin Lozenge



DIETARY SUPPLEMENT

Recommendation: Adults take 1 lozenge daily under the tongue and allow to dissolve. Best taken before bedtime.
Caution: Do not use this product unless advised by a healthcare professional if you are pregnant, attempting to become pregnant, or nursing; if you are taking any medications; or are being treated for depression, auto-immune, endocrine, diabetes, blood clotting, or seizure disorders. Do not take melatonin while operating a motor vehicle or machinery and do not exceed suggested dose without the advice of a healthcare professional.

Supplement Facts

Serving Size 1 Lozenge / Servings per Container 100

Amount Per Serving	% DV
Melatonin	2.5 mg **

**Daily Value (DV) not established.

Other ingredients: sorbitol, natural passion fruit flavor with other natural flavors, magnesium stearate

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Questions? 1-800-9NATURE or visit naturesway.com