

# Natural CALM<sup>®</sup>

The best-selling magnesium supplement

**DIRECTIONS:** Place powder in a glass or mug; add approx. 2–3 oz of hot water. Let it fizz, then stir until dissolved. Fill glass with warm or cold water and enjoy. You can also simply add *Natural Calm* to a glass or bottle of cold water.\*

**INGREDIENTS:** Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate).

## Supplement Facts

Serving Size: 1.5 teaspoons (1 pack)

| Amount per serving                                     | % Daily Value |
|--|---------------|
| Magnesium 255 mg<br>(elemental from magnesium citrate) | 63            |

Distributed by **NATURAL VITALITY**

*Nurture Your Inner Nature*

\*more info at: [www.naturalvitality.com](http://www.naturalvitality.com)

Customer service (866) 416-9216



[Product No. 2931.0002]



Multi-award-winning *Natural Calm*, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATURAL VITALITY<sup>®</sup>

## Original (Unflavored)

# Natural CALM<sup>®</sup>

A RELAXING MAGNESIUM SUPPLEMENT

## The Anti-Stress Drink

Vegan • Verified Non-GMO

### Restores healthy magnesium levels\*

Contains 30 single-serving packs / Dietary Supplement / Net Wt. 0.12 oz (3.3 g)

