



Mother's DHA

500 mg of DHA

DIETARY SUPPLEMENT

Supports Brain and Vision Health in Mom and Baby*

120 Soft Gels



*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1561-1e

8.9375" x 3.5"

400cc

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV for Pregnant & Lactating Women
Calories	10	
Calories from Fat	10	
Total Fat	1 g	**
Vitamin E (as natural d-alpha tocopherol)	10 IU	33%
Fish Body Oil Concentrate	1,000 mg	**
DHA (Docosahexaenoic Acid)*	500 mg	**
EPA (Eicosapentaenoic Acid)*	100 mg	**

** Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, tuna).

Directions for Pregnant Women and Lactating Mothers:
Take one soft gel once or twice daily, **at mealtime.**

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DHA is an important omega-3 that supports healthy brain function, memory, and mood in moms and promotes healthy brain development and vision in growing babies.* It can also be taken after pregnancy to enhance breast milk quality.*

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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