USAGE: Take 1 serving per day as a vegetarian protein supplement or snack, or use as directed by your qualified healthcare professional.

Mixing Directions: Mix or blend one serving of powder with: 8 oz. of fruit juice, rice milk or other beverages. Serve promptly.

Jarrow Formulas® Brown Rice Protein Concentrate, made from whole grain brown rice, is easily digested, gluten-free, hypoallergenic and a vegetarian/vegan source of protein.

- As a high-protein alternative to soy and animal products.
- For those with gastrointestinal sensitivity to milk, wheat. soy and other proteins.

Jarrow Formulas® Brown Rice Protein Concentrate is made using a production process that does not include the use of chemical solvents. A special milling step produces an ultra smooth texture that mixes easier and is less gritty than traditional rice protein preparations.

Jarrow Formulas® Brown Rice Protein Concentrate is specially processed to provide a complete amino acid profile. providing a vegetarian/vegan protein alternative. The protein quality scores exceed 100% for almost all the amino acids in the product.

No added sugar, artificial flavors or sweeteners.

Non-GMO (Genetically Modified Organisms).

Keep out of the reach of children.

### Typical Amino Acid Profile of Jarrow Formulas® Brown Rice **Protein Concentrate**

### Per Servina

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Alanine
Arginine
Asparagine/Aspartic Acid1092 mg
Cysteine/Cystine 288 mg
Glutamine/Glutamic Acid2065 mg
Glycine
Histidine*
Isoleucine*†700 mg
Leucine* †1092 mg
Lysine*
Methionine*
Phenylalanine*
Proline
Serine590 mg
Threonine*
Tryptophan*
Tyrosine
Valine* †
* Essential Amino Acids
† Branched Chain Amino Acids

## Jarrow. FORMULAS

**Mixed Berry Flavor** 

**NET WEIGHT** 

# **Ultra Smooth Brown Rice** Proteir **Easily Digested Concentrate**





### **Nutrition Facts**

Serving Size 2 1/2 Tbsp (Approx. 16 g) Servings Per Container Approx. 29

Amount Per Serving	
Calories 60	Calories from Fat 0
	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 10 mg	0%
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%
Sugars 0 g	
Protein 12 g	
Vitamin A < 2%	Vitamin C < 2%
Calcium 5%	Iron 15%
* Percent Daily Values based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.  **Not a significant source of vitamin C.	

Calories

Less than

Less than

Less than

Total Fat

Cholesterol

Sodium

Saturated Fat

Total Carbohydrate

Dietary Fiber

2.000

25 a

2.400 mg

2.500

80 g

25 g

375 a

30 a

300 mg

2.400 ma

Ingredients: Non-GMO brown rice protein. natural mixed berry flavor and guar gum.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.





Distributed Exclusively by:

### Jarrow FORMULAS®

Superior Nutrition and Formulation<sup>sM</sup> P.O. Box 35994

Los Angeles, CA 90035-4317 www.Jorrow.com

PROD # 121805



6 OZ (454 g) **POWDER** © 2014 **Jarrow** Formulas