## health



Delivers essential nutrients in a safe and active form within the infinite complexity of food.



Eight whole-food cultured B Vitamins help maintain normal activity of the nervous system and promote energy metabolism.\*



Dual-cultured B Vitamins deliver easy to digest nutrients complete with cofactors and coenzymes for optimal benefits.



Probiotic-cultured nutrients provide a broad spectrum of phytonutrients and ferment metabolites, including isoflavones and beta-glucans.



Twice-daily formula is easy to take and can be taken anytime even on an empty stomach!

**GLUTEN FREE** 



MADE WITH ORGANIC VEGETARI ES AND HERRS







# **COENZYME B FOOD COMPLEX**

Whole-Food Cultured B Vitamins for Energy & Nervous System Support\*

Can be taken on an empty stomach

180 Tablets

### Supplement Facts

Serving size 2 Tablets Servings per container 90

Amount per serving		%DV
Thiamin (as thiamine hydrochloride from culture media)	5 mg	333%
Riboflavin (from culture media)	9 mg	529%
Niacin (as niacinamide from culture media)	45 mg	225%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	9 mg	450%
Folate (as folic acid from culture media)	400 mcg	100%
Vitamin B12 (as cyanocobalamin from culture media)	120 mcg	2000%
Biotin (from culture media)	300 mcg	100%
Pantothenic Acid	45 mg	450%
(as calcium D-pantothenate from culture media)		
Organic Spinach Powder	155 mg	•
Organic Lecithin (from sunflower in culture media)	132 mg	•
Organic Blueberry Powder	95 mg	•
Optimal Stress Response Blend (from culture media)	63.6 mg	•
Organic American Ginseng (root),		
Organic Chamomile (flower), Organic Eleuthero (root),	6	
Organic Lavender (flower), Organic Hawthorn (berry and I		
Immune Support Blend (from culture media)	61.5 mg	•
European Elder (berry) Extract, Organic Eleuthero (root), Organic Astragalus (root)		
Organic Turmeric (rhizome) powder (from culture media)	5.4 mg	
Ginger (rhizome) hydroethanolic extract	3.2 mg	
Organic Turmeric (rhizome) supercritical extract	1.6 mg	÷
		<u> </u>
Organic Ginger (rhizome) supercritical extract	0.8 mg	•

. Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour fincluding isoflayones), organic gum acacia, organic Saccharomyces cerevisiae factive and inactive, including betaglucans], organic maltodextrin, organic orange peel powder, organic alfalfa powder. lactic acid bacteria [1, acidophilus, B, bifidum, I, rhamnosus], papain [deactivated]. bromelain [deactivated] and organic molasses), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

#### Contains: Fermented soy and fermented wheat (as food source for Saccharomyces cerevisiae). †

† The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

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Certified Organic by International Certification Services, Inc., Medina, ND, USA

## holistic

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements. They're Supplemental Food™

### PROBIOTIC-CULTURED

Fermented with Beneficial Live Probiotics

### **NON-GMO** PROJECT VERIFIED

Made with Organic Vegetables and Herbs

### WHOLE-FOOD COMPLEXED

Can Be Taken on an Empty Stomach

#### Suggested use: Two tablets daily. Can be taken anytime, even on an empty stomach.

Gluten free: 100% vegetarian: no artificial flavors or colors.







Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing. pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SUPPLEMENT