

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Use only as recommended. Do not exceed recommended dose. No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy. Conforms to USP <2091> for weight.

**LuteMax**<sup>®</sup> LUTEMAX & ZEAXANTHIN 2020 LuteMax<sup>®</sup> 2020 is a trademark of OmniActive Health Technologies.

**Spectra**<sup>™</sup> TOTAL ORAC The Spectra<sup>™</sup> Total ORAC mark and logo are trademarks of VDF FutureCeuticals, Inc. used under license.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information:  
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

**OUR QUALITY COMMITMENT TO YOU**

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



Please recycle this box.



**ULTRA MEGA<sup>®</sup> GREEN**

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.

- MEN'S HEALTH**  
Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.\*
- HEART**  
Supports heart health and cardiovascular function.\*
- PROSTATE**  
Has lycopene, found in tomatoes, that helps to support prostate health.\*
- ANTIOXIDANTS**  
Made with fruits and vegetables, as well as lutein, to defend against cell aging.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC**  
**SUPERFOODS**

**ULTRA MEGA<sup>®</sup> GREEN**  
**Men's**

DIETARY SUPPLEMENT

**WHOLE FOOD ENHANCED MULTIVITAMIN**

Provides heart, antioxidant and prostate support\*

- Gf**  
GLUTEN FREE
- V**  
VEGETARIAN FORMULA
- NON GMO
- CLINICALLY RESEARCHED



60 CAPLETS

CODE 20321

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

**Supplement Facts**

Serving Size Two Caplets  
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A.....	5000 IU..... 100%
Vitamin C.....	.60 mg..... 100%
Vitamin D.....	1000 IU..... 250%
Vitamin E.....	30 IU..... 100%
Vitamin K.....	80 mcg..... 100%
Thiamin (Vitamin B-1).....	.5 mg..... 333%
Riboflavin (Vitamin B-2).....	.5 mg..... 294%
Niacin.....	.25 mg..... 125%
Vitamin B-6.....	.25 mg..... 1250%
Folic Acid.....	400 mcg..... 100%
Vitamin B-12.....	150 mcg..... 2500%
Biotin.....	300 mcg..... 100%
Pantothenic Acid.....	.25 mg..... 250%
Calcium.....	.50 mg..... 5%
Iodine.....	150 mcg..... 100%
Magnesium.....	.25 mg..... 6%
Zinc.....	.20 mg..... 133%
Selenium.....	200 mcg..... 286%
Copper.....	.2 mg..... 100%
Manganese.....	.2 mg..... 100%
Chromium.....	120 mcg..... 100%
Molybdenum.....	.75 mcg..... 100%

**Fruit & Vegetable Antioxidant Blend..... 100 mg.....\***  
Spectra<sup>™</sup> Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder

LuteMax<sup>®</sup> 2020 Lutein......2 mg.....\*  
Zeaxanthin (as Zeaxanthin Isomers).....400 mcg.....\*

**Men's Health Blend..... 21 mg.....\***  
Yohimbe Bark Extract (*Pausinystalia yohimbe*) (8% Yohimbine Alkaloids = 0.8 mg)  
Fenugreek Seed Powder (*Trigonella foenum-graecum*)  
Lycopene (from Tomato)

**Digestive Health & Comfort Blend..... 20 mg.....\***  
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 0.5 mg), Cellulose, Papsin, Bromelain

\* Daily Value not established.

**Other Ingredients:** Cellulose, Nicacinamide<sup>1</sup>, Ascorbic Acid<sup>2</sup>, Calcium Carbonate, Zinc Oxide<sup>3</sup>, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate<sup>4</sup>, Magnesium Oxide, Calcium Ascorbate, Stearic Acid Vegetable Source, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate<sup>5</sup>, Manganese Sulfate<sup>6</sup>, Calcium D-Pantothenate, beta-Carotene, Methylcobalamin<sup>7</sup>, Magnesium Stearate Vegetable Source, Zinc Oxide, Riboflavin<sup>8</sup>, Ergocalciferol<sup>9</sup>, Pyridoxine Hydrochloride<sup>10</sup>, Vitamin A Palmitate<sup>11</sup>, Thiamin Hydrochloride<sup>12</sup>, Nicacinamide, Phytanadione, Phytanadione<sup>13</sup>, Magnesium HPC<sup>14</sup>, Folic Acid<sup>15</sup>, Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin<sup>16</sup>, Sodium Selenate<sup>17</sup>, Copper Sulfate, Chromium Chloride<sup>18</sup>, Folic Acid, Sodium Molybdate<sup>19</sup>, Molybdenum HPC<sup>20</sup>, Cyanocobalamin<sup>21</sup>, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

<sup>2</sup>Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papsin, Bromelain, Gum Arabic and Maltodextrin)

<sup>14</sup>HPC (Hydrolyzed Protein Chelate)