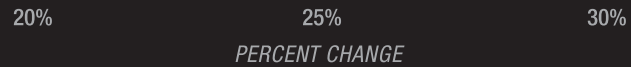


30% Increase in Muscle Strength[□]

WHEY PROTEIN + LEUCINE GROUP

CARB PLACEBO GROUP



[□]An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.

[□]In an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength (MMS) and muscle endurance (ME) compared to the control group.

[□]When used in conjunction with an exercise program, as with any food product, use of this product alone will not lead to increased muscle mass or strength.

[□]Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

[□]In a double-blind, randomized, placebo-controlled, cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took the thermogenic blend and on the second occasion, they took a placebo. When the subjects took the thermogenic blend, they burned 3 times more calories before, 3% more calories during and 12x more calories for up to one hour after exercise when compared to the placebo.

[□]Per 3 scoop serving.

Aminogen[®] and Carbogen[®] are registered trademarks of Innophos Nutrition, Inc. Capsimax[®] trademark belongs to UmniActive Health Technologies.

CereCalase[®] is a registered trademark of National Enzyme Company, Inc.

Enzyme Matrix[™] is a GNC trademark.

Svetol[®] is a trademark of Naturex Inc.

Typical Amounts of Key Amino Acids Per 3 Scoop Serving to Support Optimal Muscle Growth and Development^{**}

18g of BCAA

LEUCINE
ISOLEUCINE
VALINE

42g of Muscle Supporting Amino Acids

GLUTAMIC ACID & GLUTAMINE	TYROSINE
ASPARTIC ACID	CYSTINE
LYSINE	ARGININE
THREONINE	METHIONINE
PROLINE	TRYPTOPHAN
ALANINE	GLYCINE
SERINE	HISTIDINE
PHENYLALANINE	

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Trusted by sport
Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2016 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #CP0307. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

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GNC
PRO PERFORMANCE[®]
AMP

AMPLIFIED WHEYBOLIC EXTREME 60[™] RIPPED

- Formulated Exclusively with Whey Protein Isolate & Hydrolysates
- Fuels a Ripped Physique, Muscle Strength, Growth & Recovery^{±†‡}
- Energizing Thermogenic Shred Complex Provides 300% Increase in Calorie Burning^{^†‡}

60G | **18G** | **2G** | **200MG**
PROTEIN | BCAA | SUGAR | CAFFEINE

CLINICALLY RESEARCHED

CHOCOLATE FUDGE

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT
Net Wt 45.5 oz (2.84 lb) 1290 g

CODE 386470

DIRECTIONS: As a dietary supplement, consume 1-3 scoops of GNC Pro Performance[®] AMP Amplified Wheybolic Extreme 60[™] Ripped in 4, 8 or 12 fl oz of cold water, respectively, before and/or after exercise. This product can also be consumed first thing in the morning and/or between meals. For extreme results, consume the full 3 scoop serving twice per day in conjunction with your exercise program.

ERG

Daily Dose	Protein	Thermogenic Shred Complex	Benefit
1 scoop	20 g	233.6 mg	Helps meet protein needs & fuels metabolism*
2 scoops	40 g	468.3 mg	Fuels muscles & metabolism, supports recovery**
3 scoops	60 g	705 mg	Increases strength by 30%, boosts calorie burning & metabolism while fueling a ripped physique ^{±†‡}

Supplement Facts

	1 Scoop (28.6 g)	2 Scoops (57.3 g)	3 Scoops (86 g)
Servings Per Container	45	22	15
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	100	190	290
Calories from Fat		5	10
Total Fat		1 g 2%†	1.5 g 2%†
Saturated Fat		0.5 g 3%†	1 g 5%†
Cholesterol	5 mg 2%	15 mg 5%	20 mg 7%
Total Carbohydrate	3 g 1%†	5 g 2%†	8 g 3%†
Dietary Fiber	<1 g 4%†	1 g 4%†	2 g 8%†
Sugars	1 g *	2 g *	2 g *
Protein	20 g	40 g	60 g
Niacin (as Nicotinic Acid)	6.6 mg 33%	13.3 mg 67%	20 mg 100%
Calcium	100 mg 10%	200 mg 20%	300 mg 30%
Iron	0.5 mg 3%	1 mg 6%	1.4 mg 8%
Sodium	160 mg 7%	330 mg 14%	490 mg 20%
Potassium	180 mg 5%	360 mg 10%	540 mg 15%

Thermogenic Shred Complex			
Svetol [®] Green Coffee Extract (<i>Coffea canephora</i>) (decaffeinated green coffee beans)	133 mg *	266 mg *	400 mg *
Caffeine Anhydrous	66 mg *	133 mg *	200 mg *
Capsimax [®] Capsicum Seed Extract (<i>Capsicum annuum</i>) (standardized to 2% capsaicinoids=2 mg)	33 mg *	66 mg *	100 mg *
Piperine (<i>Piper nigrum</i>) (from Black Pepper Fruit Extract)	1.6 mg *	3.3 mg *	5 mg *
Metabolizer Matrix			
Alanine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	1 g *	2 g *	3 g *
Tyrosine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	633 mg *	1.26 g *	1.9 g *
Methionine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	433 mg *	866 mg *	1.3 g *
L-Carnitine (as Carnitine Tartrate)	333 mg *	666 mg *	1 g *

Amino Acid Complex			
Glutamic Acid & Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	3.33 g *	6.66 g *	10 g *
Leucine (as Whey Protein Isolate, Micronized Leucine, Hydrolyzed Whey Protein)	3.33 g *	6.66 g *	10 g *
Arginine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	333 mg *	666 mg *	1 g *
Amino Acceleration System			
Enzyme Matrix [™] Blend (Amylase, Protease 4,5, Protease 6.0, CereCalase [®] [Hemicellulase, Beta-glucanase, Phytase], Peptidase, Alpha-galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, Lactase), Protease Aminogen [®] , Carbogen [®] (Maltodextrin, Amylase, Cellulase, Hemicellulase)	79 mg *	158 mg *	239 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Cocoa (Processed With Alkali), Natural and Artificial Flavors, Lecithin, Sodium Citrate, Cellulose Gum, Sucralose, Titanium Dioxide, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

3 Scoops Supply 200 mg of Caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

What is Amplified Wheybolic Extreme 60[™] Ripped?

GNC's most advanced protein, Amplified Wheybolic Extreme 60[™] Original, has evolved even further to help meet your specific training goals, build lean muscle and fuel a ripped and muscular physique.[±] This product is the only thermogenic-enhanced, clinically proven whey protein isolate designed to help you support lean muscle mass and fuel a shredded physique.[±] With a base of whey and leucine, this formula is clinically proven to fuel increased strength, muscle size and a 100% increase in exercise efficiency.^{□‡*} Our GNC scientists have AMPed up the protein with a Metabolizer Matrix and an Energizing Thermogenic Shred Complex with clinically proven ingredients to maximize your results.*

Amplified Wheybolic Extreme 60[™] Ripped – Burn Calories, Build Muscle^{□‡}

This breakthrough formula takes protein functionality and performance to new levels so you can achieve chiseled, highly developed muscles.^{**}

Energizing Thermogenic Shred Complex & Metabolizer Matrix Amplified Wheybolic Extreme 60[™] Ripped delivers proven ingredients in the powerful Energizing Thermogenic Shred Complex to help increase energy and calorie burning, support training performance and speed up metabolism.^{**} Included is the clinically studied Green Coffee Bean Extract. In addition, the Metabolizer Matrix features a blend of key amino acids specifically designed to help fuel the metabolism of long chain fatty acids.* Combining alanine, tyrosine, methionine and 1 gram of L-carnitine makes this a potent blend for any athlete looking to get ripped.^{**} The 1 gram of L-carnitine helps to transform fatty acids into energy for muscles and the body's energy production system.^{**}

Highly Effective Whey-Leucine Base

The impressive 60 grams of protein are made entirely from two of the highest-quality, fast-absorbing forms of whey protein, isolates and hydrolysates, including 10 grams of leucine to create an ideal environment for muscle protein synthesis.^{**‡} This potent blend delivers arginine, which is involved in creatine synthesis, and 10 grams of glutamic acid & glutamine to support anabolic effects.^{**} In fact, the whey and leucine blend in this product has been shown to increase muscle strength and stamina with half the sets.^{□‡*}

Powerful Amino Acid System

This product is loaded with an array of key amino acids necessary for muscle building and metabolism support, including L-carnitine, arginine and 10 grams of glutamic acid & glutamine.^{**‡} These are important to help prevent breakdown of lean muscle.^{**}

Enzyme Matrix[™] Blend for 12% Greater Protein Breakdown

This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.[□] This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake.^{□*}

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.