

USAGE: Take 1 capsule per day on an empty stomach prior to the evening meal or as directed by your qualified healthcare professional. For best results, use in conjunction with **Jarrow Formulas® QH-absorb®** (ubiquinol).

NOTE: If you have a medical condition (especially diabetes/glucose control problems, gall bladder/bile duct blockages or gallstones, kidney dysfunction or liver disease), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® provides clinically documented **Citrus Bergamot** (*Citrus bergamia*) extract for natural support for healthy cholesterol levels and blood glucose metabolism.* *Citrus bergamia* grows along the Ionic coast of Southern Calabria, Italy. It contains natural polyphenolic antioxidants, or free radical scavengers, that have been found to influence cholesterol and blood glucose levels.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS

Citrus Bergamot

Clinically Documented Ingredient
Supports Blood Glucose Metabolism*
Supports Healthy Cholesterol Levels*

500
MILLIGRAMS

60
VEGGIE CAPS

DIETARY
SUPPLEMENT



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Citrus Bergamot Extract (<i>Citrus bergamia</i>) (fruit)	500 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Bergamonte® is the registered trademark of HP Ingredients.



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