



Chelated Manganese

Chelated to Enhance Absorption

DIETARY SUPPLEMENT

Supports Healthy Metabolism*

100 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

5631-1b

5.1875" x 2"

75PZ

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Manganese (from manganese glycinate chelate)	20 mg	1000%

Other Ingredients: Microcrystalline cellulose, stearic acid (veg.), croscarmellose sodium, silicon dioxide.

Directions: Take one tablet every other day, at **mealttime**. Keep bottle tightly closed. Store away from heat and moisture.

POTENCY & QUALITY GUARANTEED

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Manganese is an essential trace nutrient, supporting many body functions, including bone and brain health.*

The manganese is chelated with glycine (an important amino acid in human nutrition). Chelation helps the body to transport minerals across the intestinal wall as part of digestion.*

- ✓ **Gluten-free** ✓ **Sugar-free**
- ✓ **Preservative-free**

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