### Drug Facts (continued)

### **Directions**

Shake well before use.

Age	Dose
Adults & children 12 years of age and older	Take 2 teaspoons (10 mL) 1/2 hour before bedtime. Dose may be repeated if necessary.
Children under 12 years of age	Ask a doctor.

### **Other information**

Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

**Inactive ingredients** citric acid, malt extract, purified water, sodium benzoate, sucrose.

**Questions?** Call 1-800-9NATURE or visit www.naturesway.com

††These indications are based solely on traditional homeopathic use They have not been evaluated by the Food & Drug Administration.

### TAMPER EVIDENT: For your protection this bottle has a cap with a perforated ring attached. Do not use if ring is broken or missing.

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## Nighttime Cough & Bronchial RESTFUL SLEEP Syrup<sup>††</sup>

- Relieves coughs<sup>††</sup>
- Clears bronchial congestion<sup>††</sup>
- Soothes the throat<sup>††</sup>
- Promotes restful sleep<sup>††</sup>
- No artificial flavors or colors
- Non-narcotic

## Other Boericke & Tafel® Cough & Bronchial Syrups

- Daytime Formula (non-drowsy)
- 99% Alcohol-Free Formula
- Zinc Formula with Zincum gluconicum
- Children's Formula with great tasting cherry flavor





**I**remium

# Nighttime Cough & Bronchial Syrup

## FOR RESTFUL SLEEP<sup>††</sup>

- Cough Suppressant<sup>+†</sup>
- Expectorant<sup>+†</sup>



## **Drug Facts**

Active ingredients (HPUS) Purpose (in two teaspoons = 10 mL)
Aconitum napellus 3X Cough Suppressant (hoarse, croupy cough); Pain Relievert†
Alfalfa 1X,Helps with restful sleep†† Coffea cruda 6X
Avena sativa 1X Promotes calmness <sup>††</sup>
Bryonia 3X Cough Suppressant (hacking, painful cough); Expectorant††
Hepar sulphuris Cough Suppressant calcareum 6C (hoarse, painful cough); Expectorant††
Spongia tosta 3X Cough Suppressant (dry, barking cough)††
Stannum metallicum 6C Cough Suppressant (spasmodic cough); Expectorant††

### Uses

 Temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold.tt
Helps loosen phlegm (mucus) and thin bronchial secretions to drain bronchial tubes.tt
Soothes the throat.tt

### Warnings

**Sore throat warning:** if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea or vomiting, consult a doctor promptly.

#### Ask a doctor before use if you have

 persistent or chronic cough such as occurs with smoking, asthma, emphysema or chronic bronchitis.
cough accompanied by excessive phlegm (mucus).

**Stop use and ask a doctor if** cough lasts more than 7 days, comes back, or is accompanied by fever, rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center immediately.