Mealth through the power of nature, that's what it means to Trust the Leaf.®

Choline is the precursor of the neurotransmitter acetylcholine and is involved in healthy brain function * It is essential for normal function of all cells.* Our Choline is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No salt, yeast, wheat, soy, dairy products, artificial flavors or preservatives.

VEGETARIAN



& DRUG ADMINISTRATION. OR PREVENT ANY DISEASE. *THIS STATEMENT HAS NOT BEEN EVALUATED BY THE THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,



Recommendation: Take 1 tablet daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

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Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Choline (as choline bitartrate)	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, hypromellose, silica, magnesium stearate, sodium croscarmellose, stearic acid, polydextrose, titanium dioxide (color), riboflavin (color), talc, maltodextrin, medium chain triglycerides

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