

**USAGE:** Take 1 serving per day as a vegetarian protein supplement or snack or use as directed by your qualified healthcare professional.

**Mixing Directions:** Mix or blend one serving of powder with: 8 oz. of fruit juice, rice milk or other beverages. Serve promptly.

**Jarrow Formulas® Brown Rice Protein Concentrate**, made from whole grain brown rice, is easily digested, gluten-free, hypoallergenic, and a vegetarian/vegan source of protein.

- Ideal:**
- As a high-protein alternative to soy and animal products.
  - For those with gastrointestinal sensitivity to milk, wheat, soy and other proteins.

**Jarrow Formulas® Brown Rice Protein Concentrate** is made using a production process that does not include the use of chemical solvents. A special milling step produces an ultra smooth texture that mixes easier and is less gritty than traditional rice protein preparations.

**Jarrow Formulas® Brown Rice Protein Concentrate** is specially processed to provide a complete amino acid profile, providing a vegetarian/vegan protein alternative. The protein quality scores exceed 100% for almost all the amino acids in the product.

No added sugar, artificial flavors or sweeteners.  
Non-GMO (Genetically Modified Organisms).

**Keep out of the reach of children.**

Lot #. Best Used Before:

**Typical Amino Acid Profile of Jarrow Formulas® Brown Rice Protein Concentrate**

Per 16 g Serving

Essential Amino Acids	
Isoleucine (BCAA)	.070 g
Leucine (BCAA)	1.09 g
Valine (BCAA)	.072 g
Phenylalanine	.053 g
Methionine	.028 g
Lysine	.061 g
Tryptophan	.019 g
Threonine	.057 g
Arginine (semi-essential)	.082 g
Histidine	.027 g
Total ≥ 5 g	
Non-Essential Amino Acids	
Alanine	.059 g
Asparagine/Aspartic Acid	1.09 g
Cysteine	.029 g
Glutamine/Glutamic Acid	2.07 g
Glycine	.038 g
Proline	.073 g
Serine	.059 g
Tyrosine	.049 g



Ultra Smooth  
**Brown Rice Protein Concentrate**  
Easily Digested Hypoallergenic

Vanilla Flavor  
NET WEIGHT

**16 oz (454 g) POWDER**



**Nutrition Facts**

Serving Size 2 1/2 Tbsp (Approx. 16 g)  
Servings Per Container Approx. 29

Amount Per Serving		% Daily Value*	
<b>Calories</b> 55	Calories from Fat 0		
<b>Total Fat</b> 0 g			
Saturated Fat 0 g			
Trans Fat 0 g			
<b>Cholesterol</b> 0 mg			
<b>Sodium</b> 8 mg			
<b>Total Carbohydrate</b> 2 g			
Dietary Fiber 1 g			
Sugars 0 g			
<b>Protein</b> 12 g			
Vitamin A < 2%		Vitamin C < 2%	
Calcium 5%		Iron 15%	
* Percent Daily Values based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
**Not a significant source of vitamin C.			
Total Fat	Less than	65 g	2,500
Saturated Fat	Less than	20 g	80 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

**Ingredients:** Non-GMO brown rice protein, natural vanilla flavor and guar gum.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

**Suitable for vegetarians/vegans.**

Packaged by weight, not by volume.



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation<sup>SM</sup>  
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