

# health

Lung Function

Formulated with select species of tonic mushrooms, including Cordyceps, to promote normal lung respiration and function.\*

Whole Life Cycle

LifeShield™ Breathe delivers mushrooms' whole protective shield by combining mycelium, their extracellular compounds, fruiting bodies and spores.

Superior Strains

Formulated with vigorous mushroom strains grown to their maximum potential.

Science and Tradition

Combines species both revered traditionally and researched extensively for respiratory function, such as organic Reishi and Chaga.\*

IDENTITY ASSURED

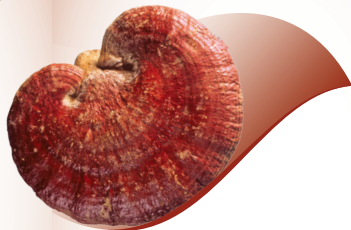
We use state-of-the-science technologies to match, verify and guarantee each and every mushroom strain. This includes identification through mushroom DNA testing.

100% USA-GROWN

GLUTEN FREE

# NEWCHAPTER®

MADE WITH ORGANIC REISHI MUSHROOMS



## lifeshield™ BREATHE

Whole Life-Cycle  
Activated Mushrooms

100%  
VEGAN  
PRODUCT

Supports Normal Respiratory Function\*



60 Capsules

DIETARY SUPPLEMENT

## Supplement Facts

Serving size 2 Capsules  
Servings per container 30

| Amount per serving   | %DV      |
|--|----------|
| Organic Cordyceps ( <i>Cordyceps militaris</i> ) (mycelium)                          | 450 mg • |
| Organic Reishi ( <i>Ganoderma lucidum</i> , Ling zhi) (mycelium and fruiting bodies) | 300 mg • |
| Organic Chaga ( <i>Inonotus obliquus</i> ) (mycelium and sclerotia)                  | 150 mg • |
| Organic Poria ( <i>Wolfiporia cocos</i> ) (mycelium)                                 | 100 mg • |

• Daily Value (DV) not established

Other ingredients: Capsule (pullulan [*Aureobasidium pullulans*], carrageenan, water and potassium chloride) and organic brown rice.

Distributed by NEW CHAPTER, INC.  
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301  
For questions or comments call 888-874-4461

Certified Organic by  
International Certification Services, Inc., Medina, ND, USA  
Gluten free; 100% vegan; no artificial flavors or colors.

**Suggested use: Two capsules daily with food.**  
Not recommended for use in children.



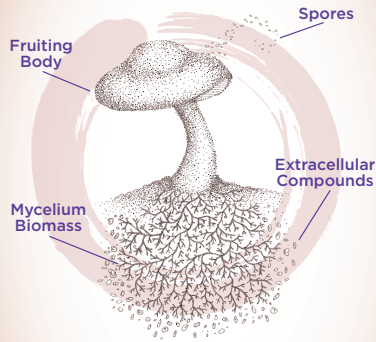
**Caution:** As with any dietary supplement, you should advise your healthcare professional of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. Do not exceed suggested use. **Keep out of reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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# holistic

## Delivering the Whole Mushroom lifeshield™



New Chapter® LifeShield Mushroom formulas deliver organic tonic mushrooms' *whole* protective shield through the combination of mycelium, their extracellular compounds, fruiting bodies and spores. Each stage of a mushroom's life cycle adds critical nutrients and protection for the mushroom. The combination of these stages creates the activated LifeShield to promote your health and wellness.\*