

organic Nettle Leaf

Walentyna is just one of the many wild collectors who **gathers our stinging nettle by hand** (without gloves!). Typically, **she rides her bike into the fields** near her home in a small town in Poland. She finds a good spot and strolls through the meadows gathering nettle. She **strips the leaves off the stem**, then brings them to her home where she carefully dries them in her attic—a clean, dry place specifically used for herbs. She is part of a collector network that has been using the **premiums they earn** from wild collection to **improve their quality of life.**



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We've Got the Right Stuff

We raise the bar. The quality standard of the herbs we use is hard to pronounce, difficult to meet, and it's what makes us different, better. We're not ashamed to say it. **Pharmacopoeial:** it's the only quality standard our herbalists can rely on when blending teas for your health and wellness.

Created by



Herbalists

organic

Nettle Leaf

Naturally Caffeine Free Herbal Tea

16 Wrapped Tea Bags
Herbal Supplement
NET WT 1.13 OZ (32g)



Supplement Facts

Serving Size 1 Cup Brewed Tea Servings Per Container 16

	Amount Per Serving	%DV
Calories	0	
All Herbal Ingredients:		
Organic stinging nettle leaf [PhEur]**	2000 mg	†
† Daily Value not established.		

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4515 Ross Road, Sebastopol, CA 95472

Certified by the California Certified Organic Farmers (CCOF)

All Ingredients Certified Organic



Consult your healthcare practitioner prior to use if you are diabetic or if you are **pregnant or breastfeeding**. In sensitive individuals, nettle leaf preparations may occasionally cause mild gastrointestinal upset or allergic reactions (e.g., itching, rash, hives). **Do not use** this product if you have a known hypersensitivity to nettle plants. **Not recommended for use with children under 12 years of age.**

**This is the pharmacopoeial quality standard we use because quality matters.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.