

Nutrition Facts

Serving Size 1 Scoop (28.9 g)
Servings Per Container 78

| Amount Per Serving | | Calories from Fat 10 | |
|---------------------------|-------|----------------------|-----|
| | | % Daily Value | |
| Calories | 110 | | |
| Total Fat | 1 g | | 2% |
| Saturated Fat | 0.5 g | | 3% |
| Trans Fat | 0 g | | |
| Cholesterol | 35 mg | | 12% |
| Sodium | 60 mg | | 3% |
| Total Carbohydrate | 2 g | | 2% |
| Dietary Fiber | 0 g | | 0% |
| Sugars | 0 g | | |
| Protein | 24 g | | |
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 10% | Iron | 2% |

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2000 | 2500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65 g | 80 g |
| Saturated Fat | Less than | 20 g | 25 g |
| Cholesterol | Less than | 300 mg | 300 mg |
| Sodium | Less than | 2400 mg | 2400 mg |
| Total Carbohydrate | | 300 g | 375 g |
| Dietary Fiber | | 25 g | 30 g |

| Calories per gram: | | | |
|--------------------|---|--------------|---|
| Fat | 9 | Carbohydrate | 4 |
| | | Protein | 4 |

Ingredients: Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Hydrolysate), Promasil Sustained Action Protein Blend (Milk Protein Isolate, Micellar Casein, Egg Protein, Goat Milk Protein), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Beta Alanine, Stevia.

CONTAINS MILK, EGG & SOY LECITHIN. (Soy Lecithin used as emulsifier). Manufactured on equipment that also processes products containing peanut flavor, wheat & fish oil.

UPC
807156001598

Proudly manufactured in the USA
by RIVALUS (A Nutrivo Company)
1785 N. Edgelawn Dr.
Aurora, IL 60506
1-800-620-4177

NET WEIGHT: 5 LBS. (2273 G)

PROMASIL™

ELITE MULTI-SOURCE PROTEIN FOR ATHLETES

RIVALUS™

SOFT-SERVE VANILLA

NATURAL & ARTIFICIAL FLAVORS



WHY PROMASIL?

THE ATHLETE'S CHOICE

Our precise combination of 7 high-quality fast- and slow-digesting proteins means maximum nutrient absorption over time with minimal waste – crucial for athletic bodies. The fact that there are **ZERO BANNED SUBSTANCES** in our isolate-rich, multi-stage blend just makes a strong performer even stronger.



TIMED-RELEASE PROTEINS

FAST
WHEY ISOLATE
WHEY HYDROLYSATE
MILK ISOLATE
WHEY CONCENTRATE
GOAT'S MILK
EGG ALBUMEN
SLOW
MICELLAR CASEIN



INSTANT STREAM OF
AMINOS +
UP TO 8 HOURS =
SUPERIOR
MUSCLE GROWTH
& REPAIR

2.6G
LEUCINE

POWERFUL
BCAAs

1.6G **1.5G**
ISOLEUCINE VALINE

PRO & OLYMPIC ATHLETE TRUSTED WORLDWIDE
100% WADA IOC COMPLIANT

THE REAL SCOOP

ON PROTEIN VALUES

DO THE MATH TO GET THE REAL NUMBERS AND COMPARE ON A LEVEL PLAYING FIELD

PROMASIL

83% PROTEIN
24g
OF PROTEIN
28.9g
SERVING SIZE

HIGHER PROTEIN RATIO
= MORE SERVINGS

5 LBS ÷ **1** SCOOP = **78** SERVINGS

MIX BUSINESS WITH PLEASURE

60Z H₂O + **1** FULL SCOOP

TRAINING DAY: A.M. & AFTER WORKOUT
OFF DAY: MID MORNING & AFTERNOON

INSTANTIZED POWDER **7** SECOND STIR & DRINK

800-620-4177 | RIVALUS.NET | @RIVALUS

Warning: Consult a physician before using if you are unaware of your current health status, if you have a medical condition, or if you or your family has a medical history of cardiovascular disease, diabetes, psychological disorders, hormonal abnormalities, or if you are taking any prescription drug. Do not exceed maximum daily dosage. Do not use if safety seal is broken. Contains ingredients derived from milk. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.