

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®

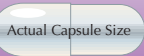


**Artichoke Extract** (*Cynara scolymus*) is standardized to **6% caffeoylquinic acids**.

Research shows this key active increases liver bile production, which assists the body with blood fat metabolism.\*

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Artichoke extract is carefully tested and produced to certified quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Artichoke

## Standardized



**IMPROVES DIGESTION\***

**60 Capsules / 6% Caffeoylquinic Acids**

DIETARY SUPPLEMENT

**Recommendation:** Take 2 capsules twice daily, preferably with food.

**Caution:** Consult a physician before taking this product if you have gallstones or known obstruction of bile ducts. Not recommended for pregnant or lactating women.

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Artichoke extract (leaf), 6% caffeoylquinic acids	600 mg	**
Milk Thistle (seed)	300 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium stearate, Cellulose, Silica

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