



Over 30 **Organic**  
FAMILY FARMED foods

**CERTIFIED ORGANIC**

Farmed without the use of toxic pesticides and fertilizers

**NON-GMO VERIFIED**

Independent, third party verification

**VEGAN CERTIFIED**

Third party certified by Vegan Action

**GLUTEN FREE CERTIFIED**

Third party certified by the Gluten-Free Certification Organization (GFCO)



Finally, a *Whole Food Multi* that's *certified organic*, *Non-GMO verified*, from *real*, honest, nutritious *foods*.

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**WOMEN**

Once Daily Whole Food Multivitamin formulated for Women



**HEALTH, ENERGY, BEAUTY**

Promotes **energy, metabolism, blood** and **heart** health plus radiant **skin** and **nails**†



**REAL FOOD FORMULA**

Made from real food - over 30 fruits, vegetables and herbs



CERTIFIED ORGANIC WHOLE FOOD



**WOMEN'S ONCE DAILY**

WHOLE FOOD MULTIVITAMIN



60 Vegan Tablets

Whole Food Dietary Supplement

Suggested Use: Adults take 1 tablet daily with food. Not intended for children.

**Supplement Facts**

Serving Size 1 Tablet  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene from Organic Food Blend)	5,250 IU	110%
Vitamin C (from Organic Food Blend)	60 mg	100%
Vitamin D (D3 from Lichen)	1,000 IU	250%
Vitamin E (from Organic Food Blend)	30 IU	100%
Vitamin K (K Complex with K2 MK-7)	80 mcg	100%
Thiamin (Vitamin B1 from Organic Food Blend)	2 mg	130%
Riboflavin (Vitamin B2 from Organic Food Blend)	2 mg	120%
Niacin (from Organic Food Blend)	20 mg	100%
Vitamin B6 (from Organic Food Blend)	10 mg	500%
Folate (from Organic Food Blend)	420 mcg	110%
Vitamin B12 (Methylcobalamin from <i>Saccharomyces cerevisiae</i> )	12 mcg	200%
Biotin (from Organic Food Blend)	315 mcg	110%
Pantothenic Acid (from Organic Food Blend)	10 mg	100%
Calcium (from Organic Food Blend)	5 mg	2%
Iron (from Organic Food Blend)	2 mg	10%
Magnesium (from Organic Food Blend)	2 mg	2%
Zinc (from Organic Food Blend)	5 mg	35%
Selenium (from Organic Food Blend)	74 mcg	110%
Manganese (from Organic Food Blend)	1.5 mg	80%
Chromium (from Organic Food Blend)	127 mcg	110%

**Certified Organic Food Blend** 634 mg +

Organic *Sesbania grandiflora* (leaf), Organic Guava (fruit & leaf), Organic Curry *Murraya koenigii* (leaf), Organic Apple (fruit), Organic Amla Berry (fruit), Organic Holy Basil (leaf), Organic Annatto (fruit & seed), Organic Moringa (leaf), Organic Lemon (peel), Organic Beet (root), Organic Broccoli (stalk & flower), Organic *Lantana camara* (aerial), Organic *Wrightia tinctoria* (aerial), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

+ Daily Value not established.

**Other Ingredients:** Clean Tablet Technology™ Blend (patent pending): Organic Tapioca Dextrose, Organic Gum Arabic, Organic Brown Rice (Concentrate & Extract), Organic Potato Starch, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives.



**Distributed by Garden of Life LLC**

4200 Northcoast Parkway, Palm Beach Gardens, FL 33410 USA  
Made in the U.S.A. from foods grown in the U.S.A. and other countries. [www.gardenoflife.com](http://www.gardenoflife.com)

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[WWW.ORGANICMULTI.COM](http://WWW.ORGANICMULTI.COM)



