Supplement Facts

Serving Size	1 Scoop (10 g)
Servings Per	Container 60

Amount Per Serving

Calories	5	
Total Carbohydrate	1 g	<1%
Sugars	<1 g	t
Vitamin D (as Cholecalciferol)	500 I U	125%

Vitamin D (as Cholecalciferol) 500 IU Thiamin (as Thiamin HCI) 133% 2 ma Niacin (as Nicotinic Acid) 20 mg

100% Vitamin B6 (as Pyridoxine HCI) 2 mg 100% Folic Acid 50% 200 mcg Vitamin B12 (as Cyanocobalamin) 10 mcg 167%

Pantothenic Acid 100% 10 mg (as D-Calcium Pantothenate)

Muscle Matrix* Creatine Monohydrate (Creapure*) 3 g AstraGIN® Proprietary Blend 25 mg [Astragalus membranaceus Extract (root) & Panax notoginseng Extract (root)]

Performance Composite* 1.5 a Beta-Alanine (as CarnoSyn*) Micronized L-Citrulline 750 ma Energy & Focus Complex* 375 ma Acetyl-L-Carnitine HCI

N-Acetyl-L-Tyrosine 250 ma

Percent Daily Values are based on a 2,000 calorie diet.

175 ma

Caffeine Citrus Bioflavonoids Complex

† Daily Value not established.

100 ma

% Daily Value