

Nutrition Facts

Serving Size: 1 Bar (63 g)
Calories: 210
Calories from Fat: 63

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount / Serving	%DV*	Amount / Serving	%DV*
Total Fat 7 g	11%	Potassium 100 mg	2%
Saturated Fat 4 g	20%	Total Carb. 28 g	9%
Monounsaturated Fat 2 g		Dietary Fiber 12 g	48%
Polysaturated Fat 1 g		Sugars 5 g	
Trans Fat 0 g		Sugar Alcohol 1 g	
Cholesterol 40 mg	13%	Protein 20 g	40%
Sodium 460 mg	19%		
Vitamin A 0% • Vitamin C 1% • Calcium 22% • Iron 1%			

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN ISOLATE, MILK PROTEIN ISOLATE), ISOMALTO-OLIGOSACCHARIDE (PREBIOTIC FIBER), PEANUTS, VEGETABLE OILS (PALM, PALM KERNEL OIL), SUGAR, VEGETABLE GLYCERIN, WATER AND MALTITOL. **CONTAINS LESS THAN 2% OF:** RESISTANT MALTODEXTRIN, SALT, SOY LECITHIN, NATURAL FLAVOR, CARAMEL COLOR, VANILLA, DEXTROSE, TAPIOCA STARCH, COCOA POWDER (PROCESSED WITH ALKALI), AND SUCRALOSE. **CONTAINS MILK, SOY, TREE NUT, AND PEANUT. MANUFACTURED IN A PLANT THAT PROCESSES MILK, SOY, TREE NUT, WHEAT, PEANUT, AND EGG PRODUCTS.**

Exclusively Developed & Manufactured For: MusclePharm Corp.
4721 Ironton St. Bldg. A,
Denver, CO 80239 USA
Packaged in USA.

MUSCLEPHARM.COM



THE ATHLETES CHOICE FOR HIGH-PERFORMANCE NUTRITION

MP
MUSCLEPHARM.

COMBAT

20g
PROTEIN

GLUTEN
FREE

CRUNCH™

CHOCOLATE
PEANUT BUTTER CUP
NATURAL FLAVORS

HYBRID SERIES



NET WT. 2.22 OZ (63 g)

CLEAN. INNOVATIVE. DELICIOUS!

MP REAL ATHLETES
REAL SCIENCE. |

FUELING SPORT WITH A MULTI-LAYER BAKED PROTEIN BAR!

Combat Crunch™ baked protein bars are made using a proprietary baking process for superior taste and a softer texture. The bars are high protein, with low active carbs and tons of fiber. Unlike hard-paste, “taffy-like” sports bars, Combat Crunch™ is like eating a soft-batch cookie.