



**WHAT RAW MEANS**  
No high heat, synthetic binders, fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets.



**NON-GMO VERIFIED**  
Independent, third party verification.



**WHOLE FOOD**  
RAW Food-Created Nutrients™ are blended in a base of organically grown fruits and vegetables together with food cofactors.



**VITAMIN ANGELS**  
**THANK YOU!** By purchasing this Vitamin Code® product, you are helping us pay the nutrition forward to children and their parents at risk of malnutrition and disease.  
[www.GardenofLife.com/VitaminAngels](http://www.GardenofLife.com/VitaminAngels)



We Buy 100% Certified Renewable Energy



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**VITAMIN CODE® RAW PRENATAL™** is a comprehensive whole food multi-nutrient formula, specifically formulated to meet the unique needs of women during pre-conception, pregnancy and lactation, providing the nourishment to support both mom and her developing baby.†

23 organically grown fruits and vegetables add supporting antioxidants, vitamins and nutrient cofactors.

- ▶ 800mcg Folate to Support Healthy Neural Tube Development†
- ▶ 18mg Stomach-Friendly Iron for Blood and Reproductive System Health†
- ▶ 1,400IU Vitamin D3 for Optimal Dietary Calcium Absorption†
- ▶ Ginger for Morning Sickness and Digestive Comfort†
- ▶ Probiotic Immune System Support for Mom and Baby†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# VITAMIN CODE®

## RAW PRENATAL™

RAW WHOLE FOOD MULTIVITAMIN

NUTRITIONAL SUPPORT FOR MOM & BABY

NO BINDERS OR FILLERS



180 VEGETARIAN CAPSULES

WHOLE FOOD DIETARY SUPPLEMENT

**Suggested Use:** Adults take 1 capsule 3 times daily. May be taken with or without food. Capsules may be opened and contents may be added to water or raw juice. Not intended for children.

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	5	Organic <i>Vitex negundo</i> (seed) containing mixed Tocopherols	4 mg +
Total Carbohydrate	1 g 1% <sup>1</sup>	<b>RAW Organic Fruit &amp; Vegetable Blend</b> 870 mg +	
Protein	1 g 2% <sup>1</sup>	Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)	
Vitamin A* (as beta-carotene)	5,000 IU 100%	<b>Prenatal Digestive Comfort Blend</b> 77 mg +	
Vitamin C*	60 mg 100%	Ginger (root and rhizome), <i>Lactobacillus plantarum</i> , <i>Lactobacillus bulgaricus</i> , <i>Lactobacillus rhamnosus</i> (6 Billion CFU), <i>Saccharomyces cerevisiae</i>	
Vitamin D* (as D3)	1,400 IU 350%	<b>RAW Organic Sprout Blend</b> 10 mg +	
Vitamin E*	30 IU 100%	Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout	
Vitamin K* (as MK-7)	50 mcg 60%		
Thiamin* (Vitamin B1)	1.5 mg 100%		
Riboflavin* (Vitamin B2)	1.7 mg 100%		
Niacin* (as Niacinamide)	20 mg 100%		
Vitamin B6*	2 mg 100%		
Folate*	800 mcg 200%		
Vitamin B12* (as Methylcobalamin)	6 mcg 100%		
Biotin*	300 mcg 100%		
Pantothenic Acid*	10 mg 100%		
Calcium*	125 mg 15%		
Iron*	18 mg 100%		
Iodine*	150 mcg 100%		
Magnesium*	38 mg 10%		
Zinc*	7.5 mg 50%		
Selenium*	50 mcg 70%		
Copper*	0.7 mg 35%		
Manganese*	2 mg 100%		
Chromium*	50 mcg 40%		
Molybdenum*	75 mcg 100%		

<sup>1</sup> Percent Daily Values are based on a 2,000 calorie diet.  
+ Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice (hull).

\*To learn more about the **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to [www.gardenoflife.com](http://www.gardenoflife.com).

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**Keep out of reach of children.**  
Store in a cool, dry place.  
Do not use if safety seal is broken or missing. Contains no filler ingredients, artificial colors or preservatives.

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