

## POSTLIFT™ Product Highlights

- Based on Solid Science from Ingredients at Full Effective Doses†
- 25g HBCD Low Osmolality Carbohydrate for Accelerated Nutrient Absorption†
- 2g of HICA Promotes Optimum Muscle Recovery & Growth†
- Helps Replenish Glycogen†
- Reduces Downtime Between Workouts†
- Helps Stimulate Protein Synthesis†
- Electrolytes to Promote Hydration & Amino Acid Uptake†
- No Sugar or Artificial Colors†
- No Proprietary Blend

POSTLIFT™ sets a new standard in post-workout supplementation: it contains ingredients at full effective (clinical) doses, backed by science and freely disclosed on the label. POSTLIFT is a true post-workout powerhouse offering unreal results and benefits. Experience the difference of POSTLIFT and start recovering and building at a faster rate.†



Developed by & Manufactured Exclusively for:  
**Nutrex Research, Inc.**  
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LBL-POSTLIFT-2.4LBS-FP-V1-US



**Nutrex**  
 RESEARCH

# POSTLIFT™

CLINICALLY DOSED POST-WORKOUT POWERHOUSE†

**RECOVERY  
 & GROWTH†**

<b>10G</b> BCAAs	<b>5G</b> L-GLUTAMINE
<b>25G</b> CLUSTER DEXTRIN®	<b>2G</b> HICA

**Dietary Supplement**  
 Net Weight 2.4 lbs (1090g)



**fruit punch**  
 No Sugar or Artificial Colors

## SUPPLEMENT FACTS

Serving Size: 54.5g (Approx 2 scoops)

Servings Per Container: 20

	Amount per serving	% DV
<b>Calories</b>	<b>100</b>	
<b>Total Carbohydrate</b> (from Cluster Dextrin®)	<b>25g</b>	<b>8%**</b>
<b>Calcium</b> (as Calci-K® calcium potassium phosphate citrate)	<b>99mg</b>	<b>10%</b>
<b>Phosphorus</b> (as Calci-K® calcium potassium phosphate citrate & sodium phosphate)	<b>88mg</b>	<b>9%</b>
<b>Magnesium</b> (as di-magnesium di-malate)	<b>35mg</b>	<b>9%</b>
<b>Sodium</b> (as sodium phosphate)	<b>140mg</b>	<b>6%</b>
<b>Potassium</b> (as Calci-K® calcium potassium phosphate citrate)	<b>80mg</b>	<b>2%</b>
<b>POSTLIFT™ Clinically Dosed Post-Workout Powerhouse†</b>		
Cluster Dextrin® (Highly Branched Cyclic Dextrin)	25g	*
L-Leucine	5g	*
L-Glutamine	5g	*
L-Isoleucine	2.5g	*
L-Valine	2.5g	*
Betaine Anhydrous	2.5g	*
HICA (α-Hydroxyisocaproic Acid)	2g	*
L-Carnitine-L-Tartrate	2g	*
Taurine	2g	*

\*\* Percent Daily Values (DV) based on a 2,000 calorie diet.  
 † Daily Value (DV) not established.

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural & Artificial Flavors, Silica, Sucralose, Acesulfame K, Antifoam Agent.

**ALLERGEN WARNING:** Contains soy. Manufactured on equipment that processes products containing milk, egg, soybean, fin fish and wheat.

**RECOMMENDED USE:** To experience the full strength of clinically dosed POSTLIFT™ mix 2 scoops into 14-16 oz of cold water and drink after exercise.

Cluster Dextrin® is a registered trademark of Ezaki Glico Co., Ltd.  
 Calci-K® is a registered trademark of Albion Laboratories, Inc.

**WARNING:** Do not use if pregnant or nursing. **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place (60°F to 80°F).