

**USAGE:** Take 1 scoop, up to 3 times per day with water or other fluid, before or after exercise or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Ribose** is one of the necessary building blocks for the formation of ATP, the "universal" energy molecule in the body.\* Physical stress can deplete ATP stores in cardiac and skeletal muscles. As the rate-limiting substrate in the synthesis of nucleotides, including ATP, ribose plays a vital role in replenishing ATP, thus, enhancing energy production, improving muscle recovery and thus Muscle Edge®.\*

Jarrow Formulas® Bioenergy Ribose® is made by microbial fermentation and protected by U.S. patents 6,159,942, 6,534,480, 6,218,366 and 6,339,716.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Jarrow**  
FORMULAS®

# D-Ribose

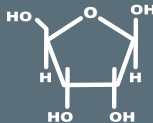
100% Pure

Supports:  
Muscle Recovery,\*  
Energy, Endurance\*

NET WEIGHT

**3.5 OZ (100 g)**  
POWDER

DIETARY  
SUPPLEMENT



## Supplement Facts

Serving Size 1 Scoop (Approx. 2 g)

Servings Per Container Approx. 45

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	< 1%
Sugars	2 g	†
<b>D-Ribose</b>	2 g	*

† Daily Value not established.

\* Need in human nutrition not established.

Contains NO other substances.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.

BIOENERGY  
**RIBOSE**®

Distributed Exclusively by:  
**Jarrow FORMULAS**®  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

12315RIBPD PROD # 101025



Lot #. Best Used Before:

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