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\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[Product No. 3177]



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NATURAL  VITALITY.

**CALM**

*Osteo*



PREMIUM  
BONE HEALTH SUPPORT\*\*

CALCIUM PLUS  
NATURAL CALM®  
MAGNESIUM  
IN 1:1 BALANCE



2,000 IU VITAMIN D  
AND OTHER KEY  
NUTRIENTS

30 fl oz (887 mL) • Liquid Dietary Supplement

**Directions:** Shake vigorously before taking (natural separation may occur). Mix with an equal amount of water or add to your favorite juice or smoothie. Start with 2 teaspoons of *OsteoCalm* and gradually increase to 3 teaspoons twice daily. When bowels are comfortably loose, this is the optimal amount.

### Supplement Facts

Serving Size: 1 fl oz (30ml)	Servings per Container: 30	
	Amount per Serving	% DV
Calories	29	
Total Carbohydrates	4.5 g	1.5%†
Sugars	2 g	
Vitamin A (as retinyl palmitate, beta carotene (50%))	5,000 IU	100
Vitamin C (as ascorbic acid)	240 mg	400
Vitamin D <sub>3</sub> (as cholecalciferol)	2,000 IU	500
Vitamin K <sub>2</sub> (as menaquinone)	90 mcg	110
Vitamin B <sub>6</sub> (as pyridoxine HCl)	50 mg	2,500
Folic acid	200 mcg	50
Calcium (as calcium lactate gluconate)	500 mg	50
Magnesium (as magnesium citrate)	500 mg	130
Zinc (as zinc lactate gluconate)	10 mg	70
Manganese (as manganese gluconate)	2.5 mg	130
Potassium (as potassium citrate and sorbate)	179 mg	6
Boron (as boron citrate)	3 mg	*

\* Daily Value not established † Percent Daily Values based on a 2,000-calorie diet

**Other ingredients:** purified water, organic agave nectar, vegetable source glycerin, citric acid, organic orange and vanilla flavors, potassium sorbate and sodium benzoate (to preserve freshness), organic stevia extract, xanthan gum.

**VEGETARIAN • GLUTEN FREE • GMO FREE**

**CRUELTY FREE. ALLERGEN FREE. CONTAINS NO YEAST, DAIRY, EGG, WHEAT, SUGAR, STARCH OR SOY. NO ARTIFICIAL COLORS OR ARTIFICIAL FLAVORS. NO ADDED FRUCTOSE.**

**STORE IN A COOL PLACE. AFTER OPENING, KEEP REFRIGERATED** and use within 60 days. Keep out of reach of children.

Distributed by  
**NATURAL VITALITY**  
*Nurture Your Inner Nature*

8500 Shoal Creek Blvd., Building 4, Suite 208, Austin, TX 78757  
[www.naturalvitality.com](http://www.naturalvitality.com)  
Customer service: 866-416-9216

### AWARD-WINNING BONE HEALTH SUPPORT

*OsteoCALM* is formulated for premium bone health support by an equal balance of calcium and magnesium to account for calcium already in most daily diets and to avoid a buildup of excess unassimilated calcium.\*\*

### Best-selling magnesium

*OsteoCALM* is made using award-winning *Natural Calm* magnesium, which has been the best-selling magnesium supplement in the natural products marketplace for over nine years.

MADE WITH *Natural*

**CALM**

### Key bone health nutrients\*\*

2,000 IU of vitamin D<sub>3</sub>, vitamin K<sub>2</sub>, vitamin A, vitamin B<sub>6</sub>, folic acid, vitamin C, ionic potassium, ionic zinc, ionic manganese.

### Organic flavor and sweeteners

Organic orange-vanilla flavor, organic stevia and organic agave



**Cautions:** Do not use if tamper-evident ring or seal is broken or missing. If you're pregnant, nursing, if you take prescription blood thinners or have kidney disease, consult your healthcare provider before taking this product. *Osteo Calm* is not intended for children. We suggest Natural Vitality's award-winning *Kids Natural Calm Multi*.