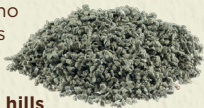


organic  
**Raspberry Leaf**

A prolific plant that does well in temperate environments, some of our favorite raspberry leaf **grows wild and is gathered by hand** in the Gorazde collection region of Bosnia and Herzegovina. Gathered by a group of collector families, the young leaves are best when **hand-picked in early summer** before the fruits develop. Sustainable wild collection represents an important **source of income for these families** who live on small plots of land nestled amongst the **gorgeous rolling hills** and meadows of the region.



[www.traditionalmedicinals.com](http://www.traditionalmedicinals.com)



*We've Got the Right Stuff*

We raise the bar. The quality standard of the herbs we use is hard to pronounce, difficult to meet, and it's what makes us different, better. We're not ashamed to say it. **Pharmacopoeial:** it's the only quality standard our herbalists can rely on when blending teas for your health and wellness.



Created by

Herbalists

organic



**Raspberry Leaf**

*Naturally Caffeine Free Herbal Tea*

16 Wrapped Tea Bags  
**Herbal Supplement**  
NET WT. 85 OZ (24g)



**Supplement Facts**

Serving Size 1 Cup Brewed Tea Servings Per Container 16

	Amount Per Serving	% DV
Calories	0	
<b>All Herbal Ingredients:</b>		
Organic raspberry leaf†† [DAC]**	1500 mg	†
† Daily Value (DV) not established.		

**Made By** TRADITIONAL MEDICINALS  
4515 Ross Road, Sebastopol, CA 95472  
Certified by the California Certified Organic Farmers (CCOF)

**All Ingredients Certified Organic**

†† 100% FairWild® Certified ingredients by dry weight. [www.fairwild.org](http://www.fairwild.org)



**Consult a healthcare practitioner** before using this product if you are **pregnant or breastfeeding**.

\*\*This is the pharmacopoeial quality standard we use because quality matters.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

organic  
**Raspberry Leaf**



*Personality* .....

Gently nurturing and a friend of women. *Rubus idaeus*

*Herbal Power* .....

Supports healthy menstruation, tones the uterus and may be used for menstrual cramps.\*

*Reason to Love* .....

Of course, the delectable fruit of *Rubus idaeus* is a well-known and well-loved summer treat, but it's the raspberry leaf you'll find in this tea. With a silvery under leaf that is reminiscent of the moon's glow, European and Native American women have used raspberry leaf for thousands of years for menstrual support, menstrual cramps and during pregnancy as a healthy tonic to help prepare the womb for childbirth.\* We love this tea for its gently nurturing properties, and its robust taste, which is reminiscent of a delicate and mildly fruity black tea.

*Taste* .....

Full-bodied, like a fine black tea (without the caffeine!).

**TO ENJOY**

**POUR** 8 oz. freshly boiled water over 1 tea bag.

**COVER** cup & **STEEP** for 10-15 minutes.

**SQUEEZE** tea bag to ensure maximum goodness in your cup.

**ENJOY** 3 to 4 cups per day.

