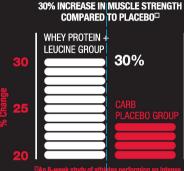


The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.\*

STACK WITH PRO PERFORMANCE® AMP Amplified N.O. Loaded<sup>™</sup> V2 and Strength Vitapak® Program.



°In an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training + active or carbohydrate placebo to 2 sets resistance training alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

\*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

## \*Per 3 scoop serving.

°Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

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Pittsburgh, PA 15222

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Aminogen® & Carbogen® are registered trademarks of Triarco Industries

CereCalase® is a registered trademark of National Enzyme Company. Enzyme Matrix<sup>™</sup> is a GNC Trademark.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**KEEP OUT OF REACH** OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548

Products bearing this logo have been tested for banned CHOICE substances by LGC Science, Trusted by sport Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2015 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information

# **PRO PERFORMANCE**

# AMPLIFIED WHEYBOLIC EXTREME 60

- 60g Whey Isolate & Hydrolysates to Support Muscle Recoverv & Growth\*\*\*
- Clinically Proven Ingredients Deliver More Strength & Power + Testosterone Support\*
- 600mg Testofen<sup>®</sup> Fenugreek to Boost Anabolic Factors in the Body & 3g Creatine Blend\*\*
- 18g BCAA to Stimulate Protein Synthesis for Improved Muscle Recoverv<sup>‡\*</sup>



CLINICALLY RESEARCHED

# CHOCOLATE FUDGE

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT Net Wt 46 oz (2.87 lb) 1305 a

#### CODE 386404

DIRECTIONS: Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60<sup>™</sup> Power in 4, 8 or 12 fl. oz. of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre- and post-workout.

Daily Dose	Protein	Power Complex	Benefit
1 scoop 30 minutes post-workout or in the morning	20 g	7.19 g	Helps meet protein needs & fuels metabolism*
2 scoops 30 minutes post-workout or in the morning	40 g	14. 38g	Fuels muscles & metabolism, supports recovery & muscle protein synthesis*
3 scoops 30 minutes post-workout or in the morning	60 g	21.6 g	Increase muscle size, anabolic factors, and power & strength by 30% <sup>D*</sup>

# Supplement Facts

Serving Size Servings Per Container	1 <b>Scoo</b> p (29 g) 45		2 Scoops (58 g) 22		3 Scoops (87 g) 15		
Amount Per Serving		% Daily Value		% Daily Value		% Daily Value	
Calories		100		200		300	
Calories from Fat		5		15		20	
Total Fat		0.5 g	1%†	1.5 g	2%†	2 g	3%†
Saturated Fat		<0.5 g	1%†	<0.5 g	1%†	0.5 g	3%†
Cholesterol		10 mg	3%	20 mg	7%	30 mg	10%
Total Carbohydrate		3 g	1%†	6 g	2%†	9 g	3%†
Sugars	8	1 g		2 g		3 g	*
Protein		20 g		40 g		60 g	
Calcium		100 mg	10%	200 mg	20%	300 mg	30%
Sodium		105 mg	4%	210 mg	9%	320 mg	13%
Potassium		180 mg	5%	360 mg	10%	540 mg	15%
Power Complex							
Leucine (as Whey Protein Isolate.	Aicronized L-Leucine, Hydrol	3.33 g vzed Whev Pr	rotein)	6.66 g		10 g	*
Isoleucine (as Whey Protein Isolate, I	vdrolvzed Whev Protein)	1.33 g		2.66 g	5 <b>9</b> 2	4 g	*
Valine (as Whey Protein Isolate, t	ydrolyzed Whey Protein, Mic	1.33 g ronized L-Va	* lihe)	2.66 g	۲	4 g	*
Creatine (as Creatine Monot	vdrate, Creatine HCI)	1 g	*	2 g		3 g	*
Testofen <sup>®</sup> Fenugreek Seed (Trigonella foenum-graec		200 mg	1	400 mg		600 mg	*
Amino Acid Blend	1						
Glutamine (as Whey Protein Isolate,	Hydrolyzed Whey Protein)	3.43 g		6.86 g		10.3 g	*
Arg hihe (as Whey Protein Isolate,	Hydrolyzed Whey Protein)	366 mg	*	733 mg	*	1.1 g	*
Amino Acceleration System							
	rotease 6:0,1 CereCalase® [He idase, Glucoamylase, Brome					239 mg	*

invertase, Lactase), Aminigen®, Carbogen®

Percent Daily Values are based on a 2,000 calorie diel \* Daily Value not established

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Cocoa (Processed with Alkali), Lecithin, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Potassium Chloride, Acesulfame Potassium.

## **CONTAINS: Milk and Soybeans**

WARNING: For adult use only. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

### VPICAL AMINO ACID PROFILE PER THREE SCOOP SERVING

BOG

Alanine	2913 mg	Lysine	5194 mg
Arginine	1223 mg	Methionine	1218 mg
Aspartate	6450 mg	Phenylalanine	1799 mg
Cystine	1440 mg	Proline	4023 mg
<b>Glutamine &amp; Glutamic Acid</b>	10310 mg	Serine	2809 mg
Glycine	982 mg	Threonine	4179 mg
Histidine	1095 mg	Tryptophan	1020 mg
Isoleucine <sup>†</sup>	4007 mg	Tyrosine	1747 mg
Leucine*	10088 mg	Valine*	4003 mg
		Total	64500 mg

† Indicates Branched Chain Amino Acids (BCAA). \* Denotes naturally occurring and added free form amino acids.

shown to fuel increased strength and this product has been shown to size with additional ingredients proven to amplify power and anabolism. This formula features a protein blend that has been validated in clinical studies to proven y 20% increase in strength and stamina to the product has been shown or increase muscle strength and stamina with half the sets.\*\* Powerful Amino Acid System This product has been shown or increase muscle strength and stamina with and stamina the sets.\*\* give you a 30% increase in strength<sup>D</sup>, increased muscle size and a 100% improvement in exercise efficiency.\*\* improvement in exercise efficiency.\*\* recovery.\* Over 10 grams of glutamine Our GNC scientists have AMPed up the helps to combat catabolism and Our GNC scientists have AMP20 up me protein with a Power Complex featuring an mTOR-stimulating BCAA blend for protein synthesis and added creatine to increase anabolic muscle growth\*, products in 1!\*

This breakthrough formula takes protein functionality and performance to new levels so you can break through plateaus and achieve a new level of muscular power.\*

#### Power Complex

In addition to 10 grams of leucine, this formula is stacked with 4 grams of both isoleucine and valine to stimulate mTOR activation and give you a powerful boost of all three BCAA to fuel your workouts and enhance your recovery.<sup>‡</sup> This product has upped the ante and added a 3 gram creatine blend to boost anabolic factors in the body, increase athletic performance and fuel strength\* + 600mg of Testofen® Fenugreek to help support testosterone levels in the body.\*\*

Highly Effective Whey-Leucine Base The impressive 60 grams of protein is made entirely from two of the highest

What is Amplified Wheybolic Extreme 60" Power? GNC's most advanced protein, Amplified Wheybolic Extreme 60", has evolved even further to help meet your specific training goals and develop more strength and power. This product is the only whey protein isolate to combine the whey and leucine clinically is need to be able to additional environment for muscle protein synthesis, and over 10 grams of glutamine to provide anabolic effects.<sup>4</sup>

and glutamine, two key amino acids necessary for muscle building and

Digestive Enzyme Blend for 12% Greater Protein Breakdown This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.\* This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake.°\*

- 1. Whey Protein Isolate 2. Amino Acid Complex
- 3. BCAA Complex
- 4. Leucine
- 5. Creatine
- 6. Fenugreek
- 7. Digestive Enzymes