

GNC SuperFoods Soy Protein is a delicious way to incorporate the healthful benefits of soy into your diet. This superior soy protein features SUPRO® Isolated Soy Protein and is produced from Identity Preserved Conventional Ingredients. This product meets the SUPRO® Identity Preservation Non-GMO (genetically modified organisms) Product Commitment for ingredients produced without Biotechnology.

Soy's nutritional composition offers many health benefits. It includes isoflavones that may provide support in maintaining bone density and a healthy cardiovascular system. These isoflavones also act as mild estrogens. In addition to these isoflavones, soy supplies phytic acid, which may provide antioxidant support. Each serving combines these important, naturally occurring isoflavones with 13 grams of soy protein. The FDA has determined that diets low in saturated fat and cholesterol, including 25 grams of soy protein a day, may reduce the risk of heart disease.

GNC SuperFoods Soy Protein features an exceptionally high-quality soy protein that is processed with water, rather than harsh alcohol. By using water, the integrity of soy's naturally occurring isoflavones are preserved.

Contains SUPRO® soy protein isolate. SUPRO® is a registered trademark of DuPont or its affiliates.



Daybreak Smoothie

- 1 cup frozen strawberries
- 1 cup frozen mango chunks
- 1 cup raspberry juice (100% juice)
- 1 cup vanilla almond milk
- 1 Tbsp chia seeds
- 1 scoop GNC SuperFoods Soy Protein
- 1 packet GNC Ultra Probiotic Complex 25

Combine fruit and liquids in blender bowl and cover with lid. Pulse until smooth. Add chia, Soy Protein and Probiotics. Blend until desired consistency is reached. Serves 2. Enjoy!

GNC SUPERFOODS SOY PROTEIN

NON-GMO ISOLATED SOY PROTEIN

- 13 grams of vegetarian protein per serving
- 0 grams of carbohydrates
- Cholesterol free
- Sugar free



UNFLAVORED
SUPERIOR
MIXABILITY

NET WT 11.09 OZ (315 G)

Directions: Mix one scoop (15g) with one cup (8 fl. oz.) of water, juice or your favorite beverage. For added flavor and variety, blend in your favorite fruit with 1/2 cup of crushed ice.

Nutrition Facts

Serving Size One Scoop (15g)
Servings Per Container 21

Amount Per Serving

Calories 60
Calories from Fat 10

Total Fat 1g
Saturated Fat 0g
Trans Fat 0g
Cholesterol 0mg
Sodium 180mg
Total Carbohydrate 0g
Dietary Fiber 0g
Sugars 0g

% Daily Value*

2%	Total Fat	Less than	65g	80g
0%	Sat Fat	Less than	20g	25g
0%	Cholesterol	Less than	300mg	300mg
0%	Sodium	Less than	2400mg	2400mg
0%	Total Carbohydrate		300g	375g
0%	Dietary Fiber		25g	30g
0%	Calories per gram:			
0%	Fat 9	•	Carbohydrate 4	• Protein 4

Protein 13g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate		300g
Dietary Fiber		25g
Calories per gram:		
Fat 9	•	Carbohydrate 4
	•	Protein 4

INGREDIENTS: SUPRO® Soy Protein Isolate, Lecithin.

CONTAINS: Soybeans.

NOTICE: Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Lactose, Yeast Free.

Store in a cool, dry place.

Typical Isoflavone Content Per Serving:

Daidzein (all forms)	3.9mg - 11.7mg
Genistein (all forms)	7.8mg - 23.4mg
Glycitein (all forms)	1.3mg - 3.9mg
Total Isoflavones	13.0mg - 39.0mg

For More Information:
1-888-462-2548

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

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