

Natural CALM PLUS CALCIUM

Directions: Place powder in a glass or mug; add 2–3 oz of hot water. Let it fizz, then stir until dissolved. Fill with warm or cold water and enjoy.

Ingredients: Calcium gluconate, a proprietary blend of citric acid and magnesium carbonate—which, in combination with water, creates ionic magnesium citrate—ascorbic acid, potassium citrate, vitamin D3, and boron citrate.

Supplement Facts

Serving Size: 1 packet (4.2 g)
Servings per Container: 30

Amount per Serving		% Daily Value
Vitamin C (as ascorbic acid)	162 mg	270
Vitamin D3 (as cholecalciferol)	64 IU	15
Calcium (elemental from calcium gluconate)	128 mg	12
Magnesium (elemental from magnesium citrate)	196 mg	48
Potassium (elemental from potassium citrate)	64 mg	1.6
Boron (elemental from boron citrate)	162 mcg	*

*Daily Value not established

VERIFIED NON-GMO
VEGETARIAN • GLUTEN-FREE



Multi-award-winning *Natural Calm*, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market.

NATURAL CALM

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NATURAL  VITALITY®

Original (Unflavored)

Natural
CALM
PLUS
CALCIUM

Premium *Balanced* Magnesium-Calcium Drink

Contains 30 single-serving packs / Dietary Supplement / Net Wt. 0.15 oz (4.2 g)



Distributed by **NATURAL VITALITY**

Makers of Natural Calm.

12200 Anderson Mill Road, Austin, TX 78726

Customer Service: 866-416-9216

naturalvitality.com | organicconnectmag.com



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This product is not intended to diagnose, treat, cure or prevent any disease.