

**USAGE:** Take 2 capsules per day with water or juice before breakfast or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Mastic Gum** contains natural resin from the mastic tree (*Pistacia lentiscus*), also called mastiha, a shrub-like tree grown mainly in Greece and Turkey. Composed of a resinous exudate, containing essential oils, mastic gum has been used for centuries by traditional healers for stomach distress.\* Mastic Gum supports the health of the **gastric** and **duodenal** cells and tissues as well as healthy levels of stomach acid production.\*

**Keep out of the reach of children.  
Store in a cool, dry place.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow**  
FORMULAS

Mediterranean Mastiha Tree Resin

# Mastic Gum

Supports Stomach  
and Duodenal Health\*

**60** DIETARY  
VEGGIE CAPS SUPPLEMENT



www.nsfhngmo.org

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	% DV
Mastic Gum ( <i>Pistacia lentiscus</i> ) (Stem/Branch)	1,000 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

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