## Health through the power of nature, that's what it means to Trust the Leaf.®

Melissa (Melissa officinalis), commonly referred to as Lemon Balm, is a soothing traditional herbal. Our Melissa is carefully tested and produced to superior quality standards.

**Keep out of reach of children.** Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

**GLUTEN FREE.** No salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

## VEGETARIAN





## Melissa Lemon Balm Leaf



100 Vegetarian Capsules/500 mg

DIETARY SLIPPLEMENT

**Recommendation:** Take 3 capsules daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

## Supplement Facts Serving Size 3 Capsules / Servings per Container 33

| 3                           |       |      |
|-----------------------------|-------|------|
| Amount Per Serving          |       | % DV |
| Calories                    | 5     |      |
| Total Carbohydrate          | <1 g  | <1%† |
| Sugars                      | <1 g  | **   |
|                             |       |      |
| Melissa (Lemon Balm) (leaf) | 1.5 a | **   |

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose)

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Questions? 1-800-9NATURE / naturesway.com