

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ACTUAL SIZE



HOW TO TAKE IT

Chew two gummies 30 minutes before bed, no food or water needed.



NATURALLY TASTY

Blackberry with a soothing hint of mint.

Find your **OLLY** at OLLY.com

RESTFUL SLEEP

FOR A HEALTHY SLEEP CYCLE*

Melatonin, L-Theanine & Botanicals

25 SERVINGS

BLACKBERRY ZEN
with other Natural Flavors

50 GUMMIES

DIETARY SUPPLEMENT

SLEEP EXPERTLY BLENDED



MELATONIN

We've got your (drug-free) mellow right here. This naturally occurring hormone works with your body's chemistry to promote healthy sleep cycles.*



L-THEANINE

An amino acid that encourages calmness so you can hush those voices in your head and drift off.*



BOTANICALS

Flower power! Chamomile, Passionflower & Lemon Balm to soothe & relax.*

Suggested Use: Take two gummies 30 minutes before bed. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies / Servings Per Container 25

Amount Per Serving	% Daily Value†	
Calories	15	
Total Carbohydrate	3	1%
Sugars	2 g	**
L-Theanine	200 mg	**
Melatonin	3 mg	**
Chamomile (Matricaria recutita) Flower Extract	17 mg	**
Passionflower (Passiflora incarnata) Flower Extract	17 mg	**
Lemon Balm (Melissa officinalis) Aerial Parts Extract	16 mg	**

†Percent Daily Value based on 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Glucose Syrup (from corn), Sugar (from beets), Water, Gelatin, Citric Acid, Natural Flavors, Pectin (from fruit), Color (from purple carrot, black carrot, blueberry), Vegetable Oil and Carnuba Wax (for anti-sticking).

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. This product is not intended to treat insomnia or other sleep disorders.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place.



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